



# SETA'S HEAD START 2024-2025 ANNUAL REPORT

December 15, 2025



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# About SETA



*Formed in 1978, SETA is a joint powers agency of the City and County of Sacramento to provide employment, training, and support services to the community. By 1980, SETA had a budget of \$19 million and 76 employees. As SETA continued to grow, so did our programs and services. Not long after in 1983, SETA began to implement early childhood education through Head Start and Early Head Start, provide services to foster youth and refugees, offer employer services, and assist families and individuals experiencing homelessness, or health issues and impairments.*

*The goal of all SETA programs is to help individuals and families overcome barriers to become fully self-sufficient. SETA's success is attributed to the dedication of its board and committee members, staff, partners and supporters. Today, SETA is more committed than ever to serving the residents of Sacramento County. By providing funding to our partner and neighborhood organizations, we ensure that everyone has access to the resources and support they need to thrive.*

## Our Mission

*Transform lives by supporting programs and partners that empower people to thrive.*

## Our Vision

*A Sacramento County where communities facing barriers can achieve their fullest potential in school, work and life.*

# SETA's Governing Board 2024-2025



Rich Desmond, Chair  
BOARD OF SUPERVISORS  
County of Sacramento

Eric Guerra, Vice Chair  
MAYOR PRO TEM  
City of Sacramento

Patrick Kennedy  
BOARD OF SUPERVISORS  
County of Sacramento

Mai Vang  
COUNCILMEMBER  
City of Sacramento

Vacant  
PUBLIC REPRESENTATIVE

The SETA Governing Board is a five-member board of directors comprised of local elected officials and one public representative responsible for the oversight and administration of the federal Workforce Innovation and Opportunity Act (WIOA), Head Start (HS), Community Services Block Grant (CSBG), Refugee funds and any other federal or state statutes under which financial assistance is provided, or under which financial assistance is received from private sources.

# Policy Council 2024-2025



Le Andra Jones-Villalta, Chair

Yaneika James, Secretary

Graciela Garduno, Treasurer

Timothy Poole

Rebekah Chester

Javana Abrussezze

Debra Gipson

Franschelle Brown

The Policy Council (PC) is composed of parent representatives from the SETA Head Start program and each of its delegate agencies. PC provides parents an opportunity to participate in decision-making areas of the Head Start program, including annual budgets, program planning, operations, personnel, policies, and procedures.



# A Message from the Executive Director of SETA



As SETA's Executive Director, I am proud to present Program Year 2024-2025 Head Start Annual Report. This report reflects our steadfast commitment to children, families, and communities across Sacramento County. In a time marked by economic uncertainty and rapid change, SETA has remained a pillar of stability, innovation, and impact.

Guided by our three strategic initiatives: Improve Awareness, Strengthen Cohesion, and Build Partnerships, we have continued to deliver high-quality services that respond to evolving community needs. Our strategic plan has served as a compass, enabling us to adapt with agility while staying true to our mission and vision. Whether navigating shifts in funding landscapes, workforce dynamics, or policy updates, SETA has remained focused on strengthening programs and partners, expanding access, and fostering a welcoming environment.

Our Children and Family Services unit exemplifies this resilience. We've expanded access to early learning, enhanced family engagement, and supported staff through professional development and recognition of service milestones. These efforts are not just responses to current conditions; they are investments in long-term community well-being.

As an Agency, we've also amplified our outreach through social media campaigns, special events, and collaborative initiatives that connect Sacramento County residents to vital resources. SETA's work extends beyond early childhood education, ensuring individuals of all ages have the tools to thrive, regardless of background or circumstance.

Looking ahead, we remain committed to fostering a culture of excellence and collaboration. We are deeply grateful to our families, staff, governing bodies, and community partners for their continued trust and support. Together, we are transforming lives by supporting programs and partners that empower people to thrive.

**Anita Maldonado, Ph.D.**  
**Executive Director, SETA**

# A Message from the Deputy Director of SETA's Children and Family Services



As we reflect on the 2024-2025 program year, I want to extend my heartfelt gratitude for the opportunity to work alongside not only a team of dedicated staff and teachers, but parents, family members, Policy Council, and Board Members. Also, the countywide impacts displayed in this report would not have been possible without the unwavering support of our delegates and partners and the trust that the communities we serve place in us.

There is a known saying that, "the only thing constant in Head Start is change," and that was certainly the theme for this year. While challenges arose, we embraced them as opportunities for growth and innovation. We have learned that it is not the challenges that define us, but how we respond to them. Through it all, we remained steadfast in providing high-quality early childhood education to

thousands of children and families. We have made great strides in program improvement, including a focus on Health and Safety practices. This year's Annual Report celebrates the community impact of Head Start and highlights key accomplishments. As you review key figures and data, I hope you also reflect on the numerous lives impacted by these statistics.

As we move forward, we are honored to continue the tradition of providing comprehensive services to children and families. Through compassion and a commitment to excellence, we will continue to ensure every child is on a path to thrive in kindergarten and life.

**Karen Griffith**  
Deputy Director, SETA's Children and Family Services



# Budget and Expenditures

Head Start (Preschool)				
	2024-2025			Next Year 2025-2026
	Budget	Expenditures	In-kind**	Budget
SETA Operated Program	30,170,661	28,917,843	10,164,867	29,720,661
Elk Grove USD	4,152,437	3,922,093	968,464	4,152,437
Sac City USD	6,606,067	6,179,629	2,047,578	6,189,936
San Juan USD	7,690,319	7,690,319	4,732,749	7,690,319
Twin Rivers USD	2,568,430	1,814,252	399,164	2,568,430
Women's Civic Improvement Club	1,489,955	1,489,955	421,536	1,489,955
<b>Total</b>	52,677,869	50,014,091	18,734,358	51,811,738

Early Head Start (Infant/Toddlers)				
	2024-2025			Next Year 2025-2026
	Budget	Expenditures	In-kind**	Budget
SETA Operated Program*	15,405,552	15,924,677	3,698,908	15,855,552
Sac City USD	323,546.00	300,349	56,237	739,677
San Juan USD	2,937,877	2,934,414	1,532,107	2,937,877
Twin Rivers USD	1,152,233	1,125,429	-	1,152,233
<b>Total</b>	19,819,208	20,284,868	5,287,252	20,685,339

\*The SETA Operated Program includes the Early Head Start partner agencies: Sacramento County Office of Education and River Oak Center for Children.

\*\*In-Kind Amounts are in excess of what was reported on SETA's Annual SF-425 Report.

Head Start/Early Head Start had no compliance audit findings on the June 30, 2024 audit report. The June 30, 2025 audit is in process.

# Participant and Staff Demographics



95%

Average Monthly Enrollment  
excluding summer months  
(July and August)



11%

of underserved children (0-5 years)  
income eligible for state-subsidized care,  
Sacramento County LPC

## Countywide Head Start and Early Head Start



5706

Total Number of  
Children Served



60

Total Number of Pregnant  
Moms Served

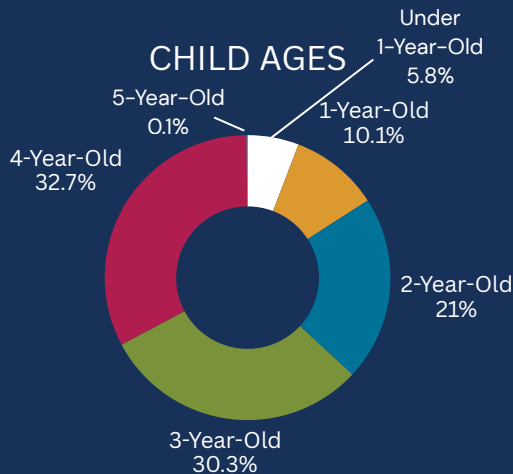


5224

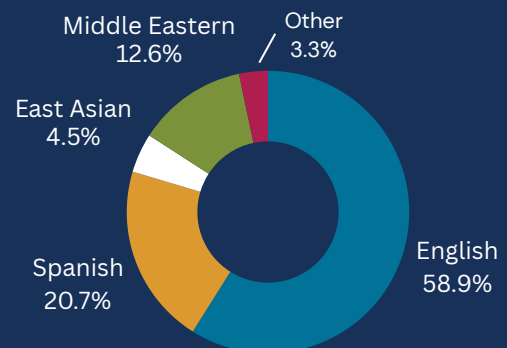
Total Number of  
Families Served

## Child Demographics

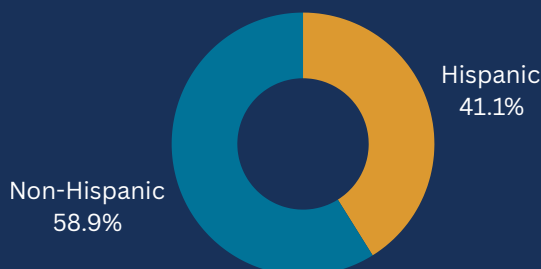
CHILD AGES



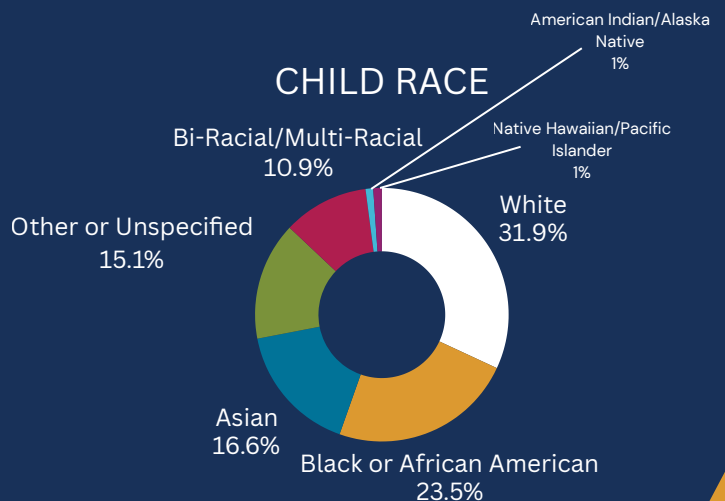
CHILD PRIMARY LANGUAGE



CHILD ETHNICITY



CHILD RACE



1.5%

In Foster Care

Children:



4.8%

Experiencing Homelessness



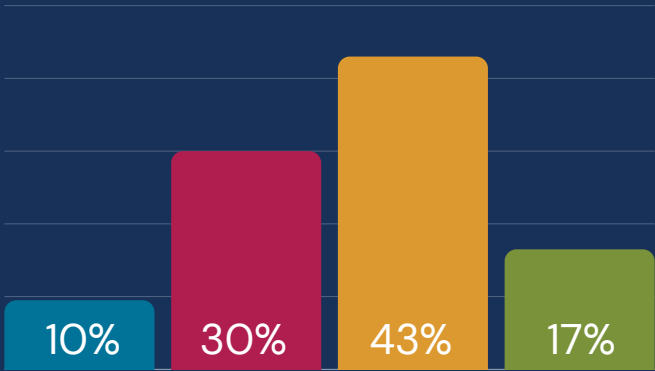
# Family Demographics

## Single vs. Two Family Households



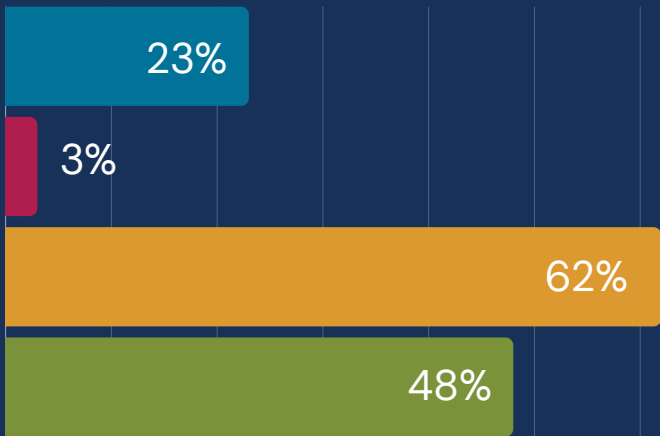
## Highest Household Education Level

- Advance/Bachelor's Degree
- Associate Degree/Vocational School
- High School Graduate/GED
- Less than High School Graduate



## Types of Assistance Programs Families Received

- TANF
- SSI
- WIC
- SNAP



- Temporary Assistance to Needy Families
- Supplemental Security Income
- Women, Infants, and Children
- Supplemental Nutrition Assistance Program

**99.5% of families received at least one family service during the program year.**



# Staff Demographics

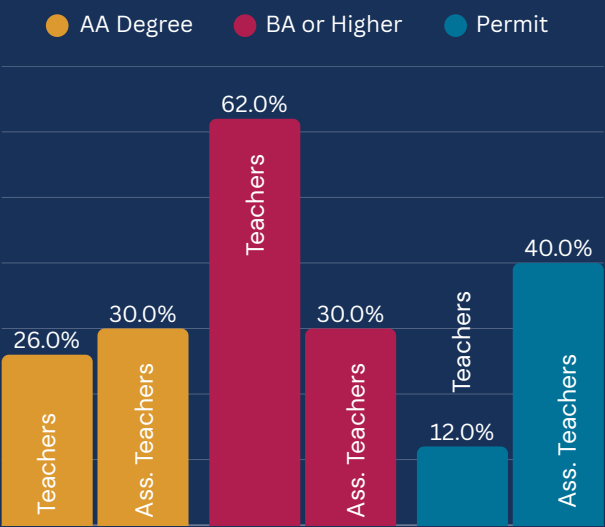


593 Total Teaching Staff

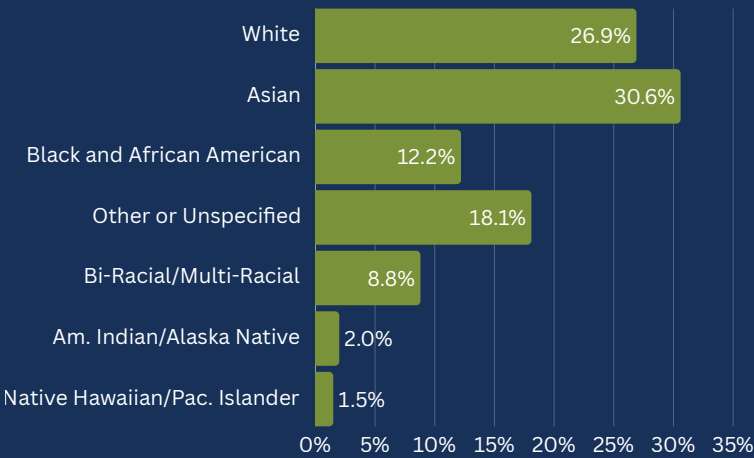


100% of our home-based teachers hold a Child Development Associate (CDA) credential, or higher. This applies to all 30 teachers in our home-based program.

## HEAD START TEACHING STAFF EDUCATION



## HEAD START TEACHING STAFF RACE

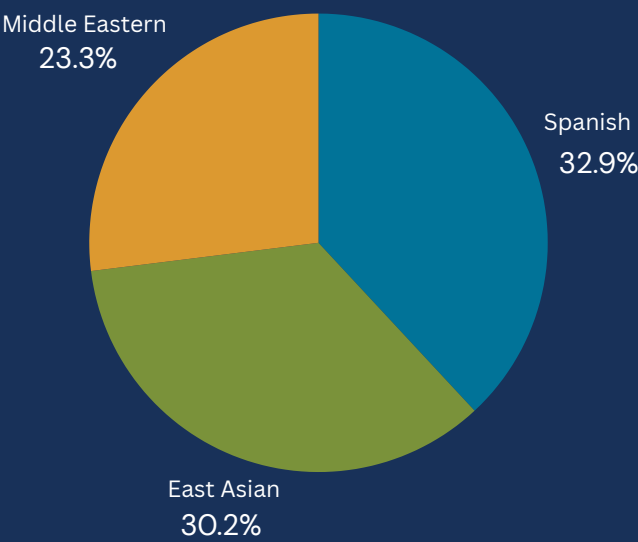


93% of teaching staff speak another language other than English

11 total number of languages represented (includes “other category”)

Languages other than English	
Spanish	Native No.American/Alaska
East Asian	Native Central/South American
African	Middle Eastern/Indic
Pacific Islander	American Sign Language
Caribbean	Other or Unspecified
European/Slavic	

## TOP 3 LANGUAGES SPOKEN BY STAFF\*



\*Excluding English





# School Readiness and Education Program Highlights

## Head Start Approach to School Readiness

The Head Start way means children are ready for school, families are prepared to support their children's learning and schools are ready for children (Head Start Early Childhood Learning and Knowledge Center).

## Curriculum and Program Practices

SETA, along with its delegate agencies and Early Head Start partners, implement a comprehensive curriculum that meets the needs of the children enrolled in the program. In the Head Start and Early Head Start center-based program option, *Creative Curriculum*, is used. In the home-based program, the *Parents as Teachers* curriculum is used.



## Desired Results Developmental Profile Data (DRDP)

The Desired Results Developmental Profile (DRDP) is used for child assessment to measure developmental progress across multiple domains. Each agency measures growth in all areas and the data is analyzed at the individual child, classroom, center, agency, and countywide levels.

### Sacramento County Head Start Preschool DRDP Data 2024-2025

Domain	Fall 2024 Percentage of children rating in the top two developmental levels of DRDP Building / Integrating	Spring 2025 Percentage of children rating in the top two developmental levels of DRDP Building / Integrating	Percentage of Growth
Approaches to Learning	50%	63%	26%
Social-Emotional Development	52%	68%	30%
Language and Literacy Development	45%	63%	40%
Cognition, Math and Science	46%	65%	41%
Physical Development	77%	80%	4%
English Language Development (for English Language Learners)	22%	29%	7%

\*Percentage of children rating in the top two developmental levels of DRDP Building / Integrating

\*\*Percentage of children rating in the top two developmental levels of DRDP Building / Integrating



# Sacramento County Early Head Start DRDP Data 2024-2025

Domain	Fall 2024 Percentage of children rating in the top two developmental levels of DRDP Exploring Later/Building Earlier	Spring 2025 Percentage of children rating in the top two developmental levels of DRDP Exploring Later/Building Earlier	Percentage of Growth
Approaches to Learning	61%	71%	16%
Social-Emotional Development	60%	71%	18%
Language and Literacy Development	51%	61%	19%
Cognition, Math and Science	60%	65%	8%
Physical Development	73%	78%	7%

\*Percentage of children rating in the top two developmental levels of DRDP Exploring Later/Building Earlier

\*\*Percentage of children rating in the top two developmental levels of DRDP Exploring Later/Building Earlier

# Key Findings in Head Start Pre-K

Cognition, Math, and Science domain saw the most significant growth, a result of classrooms continuing to incorporate Science, Technology, Engineering, and Math (STEM) professional development opportunities for teaching staff. While Physical Development showed only 4% growth overall, it is the Domain with the largest percentage increase of children scoring in the Integrating Earlier rating, with 26% in winter compared to only 11% in the fall. Many children score high in this Domain upon entering Head Start, so a smaller growth percentage is to be expected. Continuing to promote Physical Development through promoting safe, active, physical play and nutrition activities, programs anticipate an overall increase in children's Physical Development.

## Key Findings in Early Head Start



SETA and its delegate agencies saw more Early Head Start (EHS) classrooms open this year as more preschool-aged children moved from Head Start to Transitional Kindergarten. As a result, extra focus has been placed on training and education for both seasoned and new EHS staff. Based on the percentage of growth in each Domain between fall and winter, the program expects this trajectory to continue through the end of the program year, ensuring children in EHS are ready to enter Head Start when they turn three.

In the above data, the strongest growth is seen in the Domains of Language and Literacy and Social-Emotional Development. Programs have emphasized social-emotional learning in its classrooms with the Second Step curriculum, Teaching Pyramid, and investing more training for EHS teachers. Additional opportunities for professional development in STEM are seen in Cognition's growth. Physical Development, while showing the smallest growth, still saw an increase of 7% from fall to winter. Given children can enter EHS as early as age eighteen months, it is not unexpected for this Domain to have the slowest growth at this point. Within this Domain we saw a nearly 10% increase in children scoring in Exploring Later/Building Earlier under Perceptual-Motor Skills and Movement Concepts, and an 8% increase in Gross Locomotor Movement Skills. Providing our EHS staff with relevant and regular professional development opportunities on appropriate child development practices, and how to individualize approaches for all children has yielded consistent growth in Physical Development.



# CLASS®

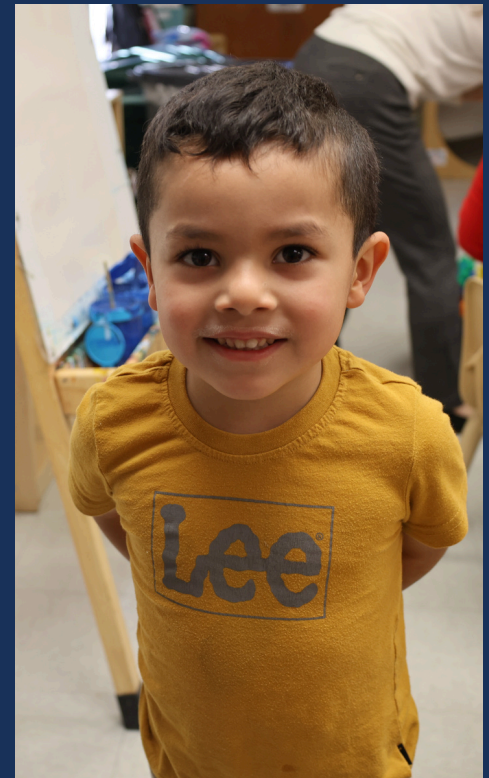
The Office of Head Start (OHS) uses the Classroom Assessment Scoring System (CLASS)® as a benchmark for high-quality teacher-child interactions. Scores are categorized into three domains – Emotional Support, Classroom Organization, and Instructional Support. The scores shown are averages of multiple dimensions within each domain.

## Sacramento Countywide Head Start Pre-K CLASS® Average Score

Domain	Emotional Support	Classroom Organization	Instructional Support
Countywide Scores	6.44	6.17	3.16

## Sacramento Countywide EHS Toddler CLASS® Average Score

Domain	Emotional and Behavioral Support	Engaged Support for Learning
Countywide Scores	6.59	4.66



## Key Findings in Head Start Pre-K

- **Emotional Support:** Classrooms have strong positive climates for children, with solid relationships and respect.
- **Classroom Organization:** Productivity is maximized through learning time, as teachers ensure routines are clear.
- **Instructional Support:** Identified need for additional teacher training on Concept Development; rich back-and-forth exchanges happening.

## Key Findings in Early Head Start

- **Emotional and Behavioral Support:** Teachers show strong sensitivity to children's needs, demonstrating awareness and responsiveness when children are upset, acknowledging their emotions.
- **Engaged Support for Learning:** While teachers can work on expanding and elaborating information, they are proactively giving clear expectations and Behavior Guidance.



# Supportive Applications

Programs use their CLASS® observation results to guide professional development for teaching staff to improve and strengthen their interactions with children in the classroom. SETA has:

- Increased the number of SETA staff who are certified CLASS® observers through in-house training
- Provided individualized coaching
- Completed an Expert Within Project – a peer coaching model
- Sent staff to a Region 9 STEM conference to extend concept development
- Completed CLASS® observations countywide with one hour 1:1 feedback session



## Education Highlights and Community Partnerships

### WestEd Math Project

In the 2024-2025 school year, 12 classes participated in the PKMT Tier 2 project. Six out of the 12 teachers had the opportunity to take part in an intensive, small-group intervention designed to help children build foundational knowledge through hands-on activities, which focused on number, operations, and spatial reasoning. The remaining six classrooms continued with business-as-usual. The classrooms that built in-math activity games into their structure, strengthened children's skills in math. Integrating early intervention in math can make a meaningful impact for young learners by building the foundational skills needed for Kindergarten.



# Sacramento County Office of Education (SCOE) Disability Support Partnership

The partnership program began in 1990 with a collaborative effort between SETA and the Sacramento County Office of Education (SCOE) Special Education Department.

The goal of the program is to ensure children with disabilities participate in preschool settings with their typically developing peers.

The early learning centers that currently have dual-enrollment classrooms are Hillsdale, Grizzly Hollow, and Dudley, and Galt.

These four centers have numerous sources of adult support in each classroom, which include the Head Start staff and SCOE staff, and provide a high-quality and developmentally appropriate curriculum.

## **Valuable resources that SCOE provides as part of the partnership:**

- Training and professional development to staff (both programs)
- Specialists to offer individualized services to children, e.g. speech therapists, occupational therapists, nurses, 1:1 aide, etc.
- Access to information to individualize services for children with special needs



# Cal Fresh Nutrition Partnership



Designed by the University of California Agriculture and Natural Resources, the Go, Glow, Grow Curriculum supports teachers in promoting healthy lifestyles in preschool classrooms. The age-appropriate small and large group activities in the resources encourage children to eat healthy foods that promote brain growth and healthy bodies. Caregivers play an essential role when they model food tasting and create a positive environment that supports mealtime behavior, picky eaters, and children experiencing food insecurity.

Parent letters, in conjunction with the lessons, allow for the home-school connection. Families also receive healthy recipes they can complete with their children at home. Due to the success of the program, all SETA Head Start and Early Head Start classrooms will participate in the program in the 2025–2026 year, with an additional emphasis on gardening.





## Professional Development

Staff were able to participate in multiple training opportunities to promote operational skills and leadership development. This included attending the Science, Technology, Engineering, and Math (STEM) Conference in Las Vegas, Nevada, where staff not only went as participants but also reported out about STEM projects in the classroom. The capacity of SETA staff to provide internal training has grown, and the agency was able to hold more regular small group training events on topics such as Social Emotional Development and CLASS®.

Through this approach, staff were able to receive more individualized support in understanding the material and have more individual coaching opportunities. The Creative Curriculum 6th edition rolled out across all SETA Pre-K classrooms, with teachers attending training opportunities throughout the year to ensure implementation with fidelity.





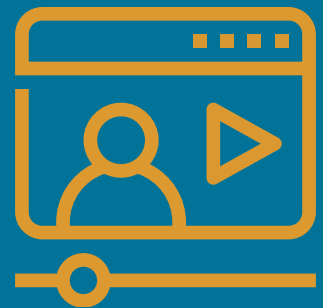
# Family and Community Engagement Program Highlights

## ReadyRosie Parenting Curriculum

ReadyRosie is a research-based parenting curriculum used by the Sacramento County Head Start programs to support family engagement. Families use online learning games and videos to help them with in-home teaching activities and to provide guidance in dealing with specific parenting experiences. Videos in the resource library are aligned with the Desired Results Developmental Profile (DRDP) and the Hawaii Early Learning Profile (HELP) assessment tools to support current lesson plans.



- **63%** ReadyRosie Average Utilization Rate Countywide
- **2,089** videos viewed by families
- **1152** Recommended Playlists sent out directly aligned with the Creative Curriculum.
- **22** Preschool playlists sent out to each preschool classroom
- **21** Toddler Playlists were sent out to each EHS classroom
- **35%** of engagement in ReadyRosie came from playlists sent by the program.



## By engaging with ReadyRosie videos:

### Children received:

- **3,054** opportunities to learn about language and literacy
- **1,900** opportunities to learn about math
- **1,404** opportunities to learn about social/emotional development
- **3,857** opportunities to learn about health and well-being

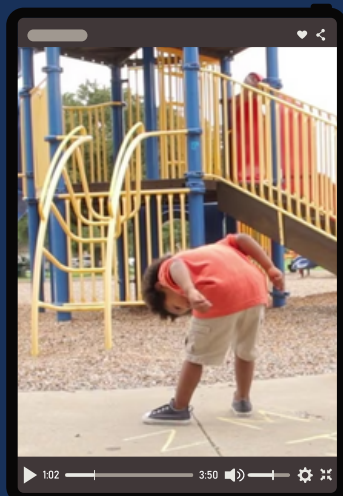
### Families received:

- **555** opportunities to learn about family well-being
- **2,394** opportunities to learn about positive parent-child relationships
- **2,375** opportunities to learn about families as lifelong educators
- **2,323** opportunities to learn about as families as learners
- **139** opportunities to learn about family engagement in transition
- **103** opportunities in family connections to peers and communities.

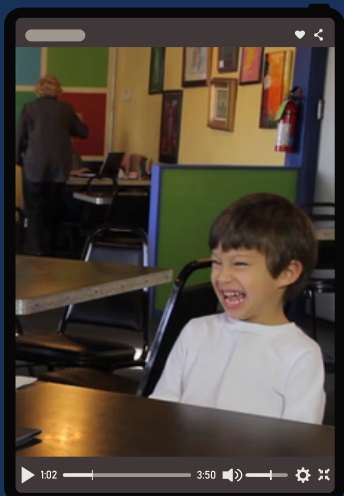


## ReadyRosie Video Performance

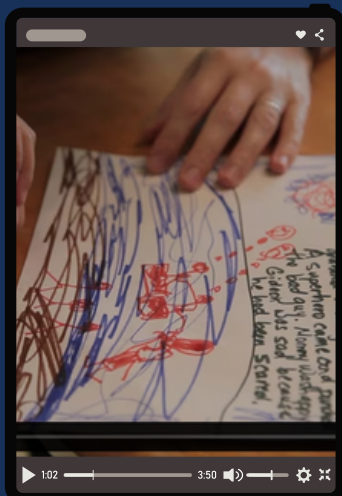
The four most viewed videos were:



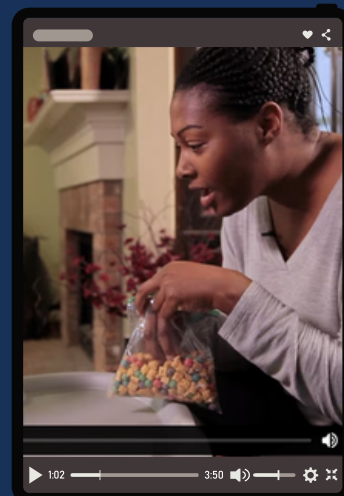
Stomp the Letter:  
176 Views



Funny Faces:  
63 Views



Write Me a Story:  
58 Views



Snack Count:  
45 Views

## Family Comments

"Me emociona aprender y tener más ideas para hacer con mis hijos."

"At snack time I asked Azura to count how many crackers she had (12 in total). After she ate 1, we would recount until she was finished."

"I played Simon says with my son while getting him ready for school, he enjoyed it."



**SETA hosted 3 Ready Rosie nights with an average of 12 families attending each event.**







## SMUD Partnership

SETA partnered with the Sacramento Municipal Utility District (SMUD) to provide families with direct access to information about SMUD's support services, including the Energy Assistance Program Rate (EAPR). SMUD representatives set up resource tables at Head Start sites, where they informed families about available programs and assisted several families with completing EAPR enrollment during the event.

## Parent Café

SETA hosted Parent Cafés for staff, allowing them to experience what families will learn and experience during the event. With this opportunity, staff were better prepared to invite and encourage families to join the gatherings. During the cafés, families engage in guided conversations based on evidence-based family Protective Factors, exploring their support networks and identifying the types of social and personal support they need.



### SETA @ Head Start

## PARENT CAFE

<h4>STRENGTHENING FAMILIES</h4> <p><b>Protective Factors</b> \$0</p> <ul style="list-style-type: none"> <li>Learn about research-based Protective Factors that strengthen families and help you gain parenting knowledge and skills.</li> </ul> <p><b>Stress Reduction</b> \$0</p> <ul style="list-style-type: none"> <li>Have the opportunity to reduce stress and increase your sense of well-being, helping you strengthen your families' foundation.</li> </ul> <p><b>OTHER BENEFITS</b></p> <p><b>Self Reflection</b> \$0</p> <ul style="list-style-type: none"> <li>Develop a deeper sense of yourself as an agent of change within your family that will also carry to other areas in your life.</li> <li>Dive deeper within yourself about not only your reactions to parenting issues but also reasons behind your children's reactions to everyday moments as they develop.</li> </ul>	<h4>DEEPENING ENGAGEMENT</h4> <p><b>Community Building</b> \$0</p> <ul style="list-style-type: none"> <li>Meet other parents and build meaningful connections with one another.</li> <li>Learn to empathize with one another and learn from each others' experiences.</li> <li>Gain social connections outside of your immediate circle and help strengthen community ties within your child's school.</li> </ul> <p><b>Communication</b> \$0</p> <ul style="list-style-type: none"> <li>Practice healthy communication skills through use of the Cafe Agreements.</li> </ul>
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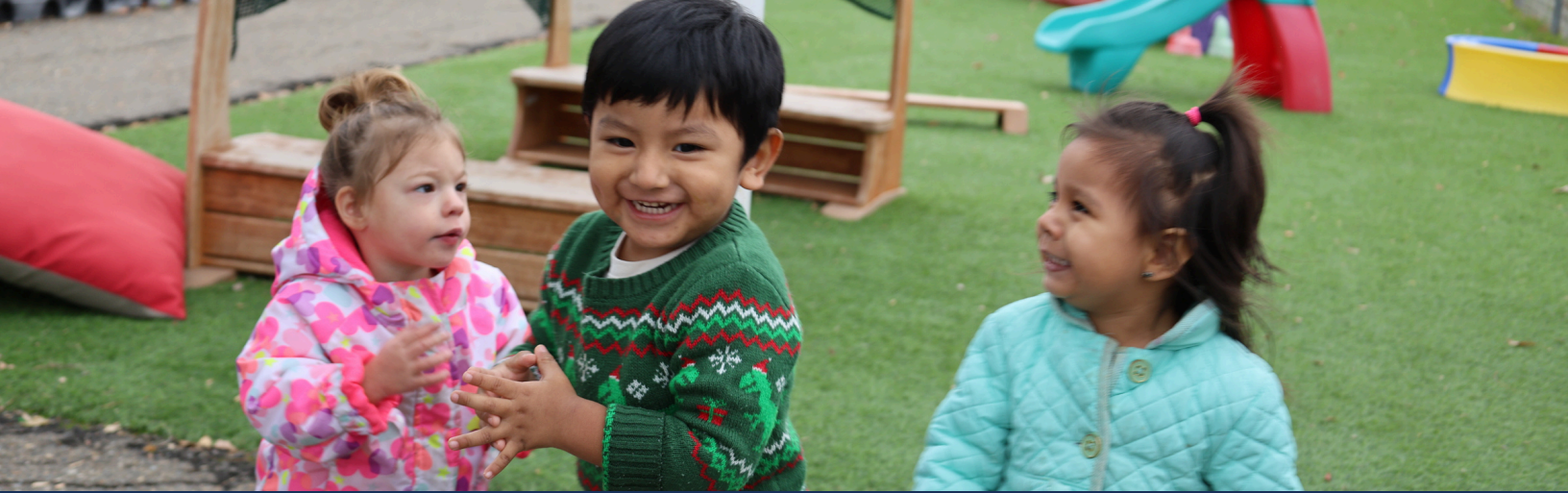
**WITH SUPPORT FROM: BE STRONG FAMILIES**

\*Please help build our school community by participating in upcoming Parent Cafes! To learn more, please talk to your home visitor or family service worker!

For more information on helping with Parent Cafes, contact Laura at 916-764-6293.







## Head Start and Early Head Start Family Outcomes Survey (SETA Operated Program)

At the beginning of every program year, SETA conducts the Childcare Results (CCR) Strengths, Needs, and Interest Parent Survey (SNIPS) that measures individual family stability and immediate needs and interests. This allows the program staff to identify any needs or trends that surface for families. Collected data is analyzed by classroom, by individual site, and across the entire program. Based on the results, SETA provides resources including parent workshops on topics that have been identified in the SNIPS survey.

At the end of the year, another survey called the Family Outcomes Survey is conducted to measure parents' opinions on how much they and their families have benefited from Head Start. Parents rate the program by selecting a response of "Did Not Need Help", "Not Helpful", "Somewhat Helpful", or "Very Helpful". The questions correspond to the seven Family Engagement Outcomes in the Head Start Parent, Family, and Community Engagement Framework (listed below).

### Head Start Family Engagement Outcomes:

- Family Well-being
- Families as Learners
- Families as Lifelong Educators
- Family Engagement in Transitions
- Families as Advocates and Leaders
- Positive Parent-Child Relationships
- Family Connections to Peers and Community



In the 2024–2025 program year (1,232 Family Outcomes Survey respondents), SETA Head Start families rated the program to be helpful to their children and to their families:



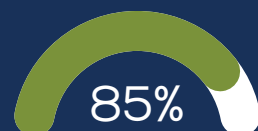
Rated the program as helpful to their family overall



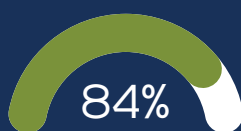
Rated the program as helpful to their child



Rated the program as helpful in teaching parents with activities that help their child learn at home



Rated the program as helpful in helping them understand the importance of regular attendance



Rated the program as helpful in learning how to prepare their child for kindergarten

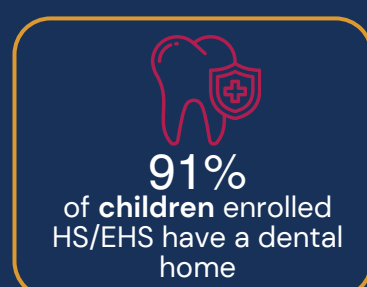
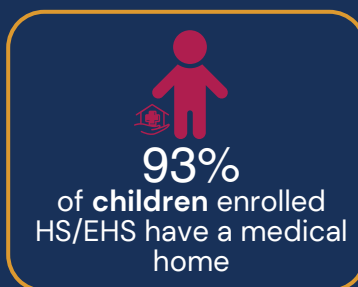
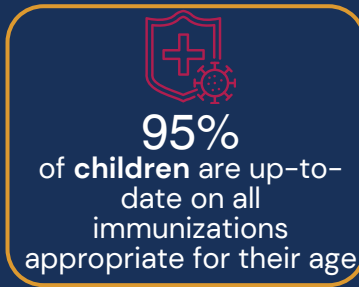
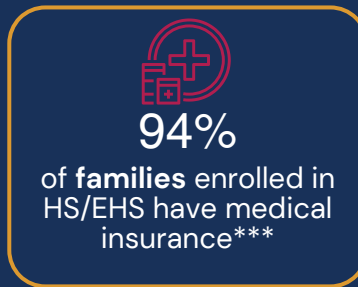
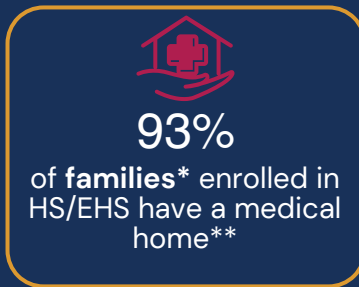
Of the seven Family Engagement Outcomes in the Head Start Parent, Family, and Community Engagement Framework, the areas that have been most impacted are:

- Families as Lifelong Educators outcome
  - 81% of respondents rated it as “Very Helpful”.
    - It taught them to encourage creative play at home, helped them understand different ways that their children learn, and build their confidence in that their children will succeed in elementary school.
- Positive Parent–Child Relationships outcome
  - 82% of parents rated the program as “Very Helpful”.
    - Parents learned about valuing their child’s strengths, valuing home language in their child’s learning, and learning how change affects their child’s behavior.



# Health and Child Development Program Highlights

## Health Information



\*Includes Early Head Start pregnant mothers

\*\*A "medical and dental home" refers to a child having an established clinic or primary care provider, such as a doctor or dentist, where they regularly receive preventive care and scheduled checkups, rather than relying on urgent care or emergency clinics.

\*\*\*Medical insurance refers to having a health coverage plan that pays for healthcare services. A child or family may have medical or dental insurance but still lack an established primary doctor or dentist for ongoing care.

Note: 94% of enrolled children have health insurance

## Child Health and Developmental Services



3689 children had medical screenings



2718 newly enrolled children had developmental, sensory, and behavioral screenings

## Medical Treatments



Follow-Up Treatment Needed: 52%



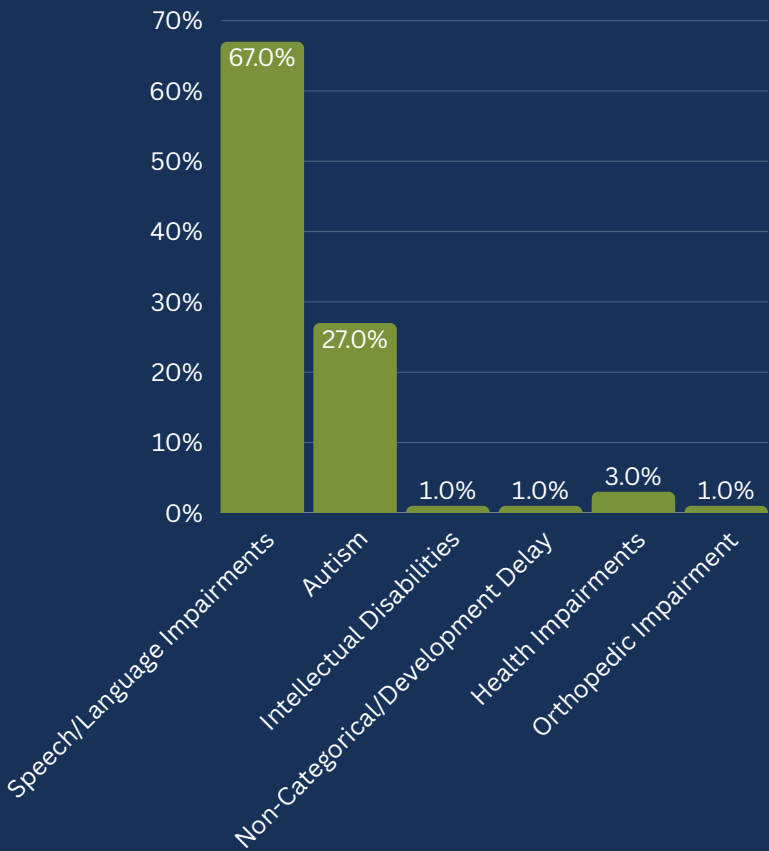
Received Medical Treatment: 48%






# Types of Disabilities

The graph below is out of 578 kids in Head Start who were diagnosed. For Early Head Start, out of the 217 of kids who were diagnosed, all are receiving special services.



## Family Services



947

Families received emergency/crisis intervention \*



3040

Families received research-based parent curriculum



3138

Families received education on preventative medical or oral health



3216

Families received education on nutrition



69

Families experiencing homelessness acquired housing during the enrollment year (out of 273)



89%

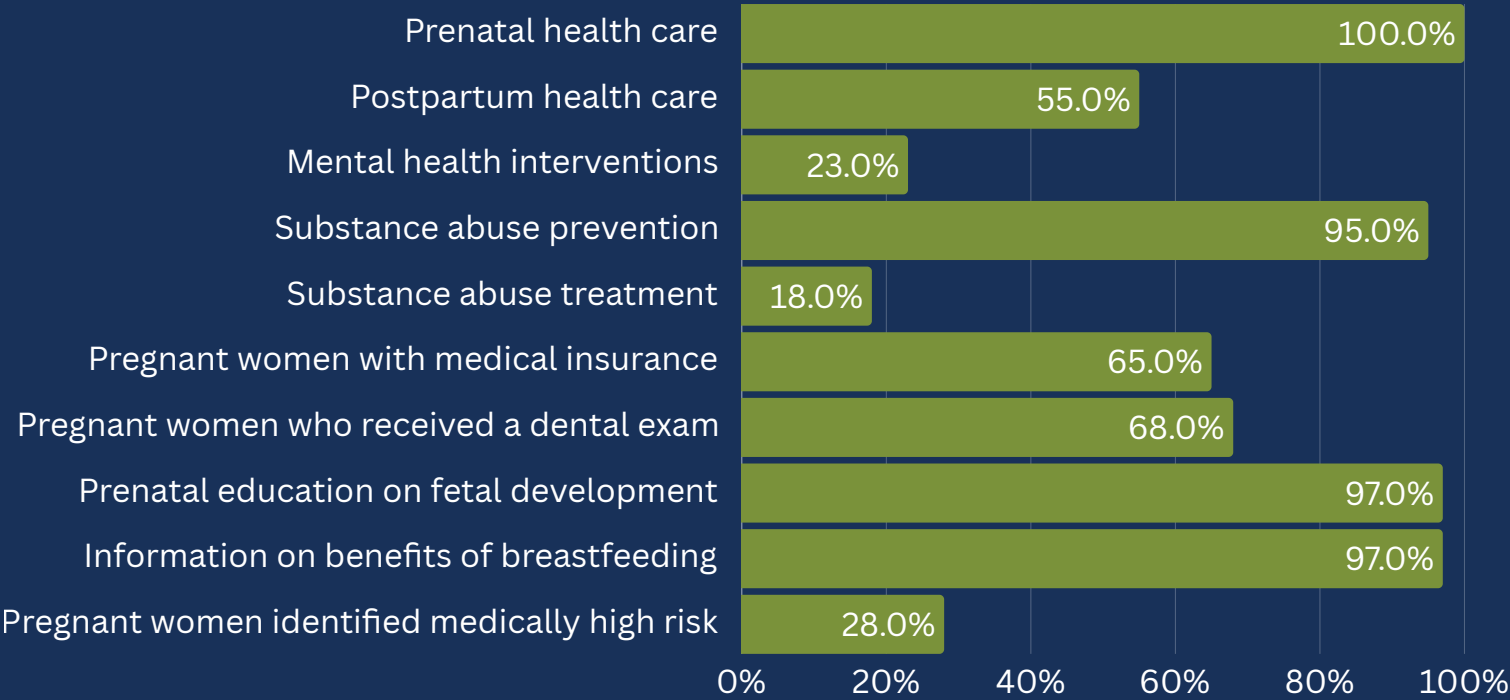
Families received at least one family service during the program year

\*Food, clothing, or shelter

# Pregnant Women Services

Number of pregnant women enrolled: 60

The graph below reflects pregnant women who seeked any of the following services.



## Community Partners

Through community partners, Head Start programs deliver preventative health screenings, oral health education, dental health services, and support to families to access care from their medical and dental providers.

### Center for Oral Health's Early Smiles Program

- Provided critical dental screenings to support children in maintaining good oral health and screening for caries. Between July 2024 and June 2025, 1,755 Head Start children received oral screening through the Early Smiles Program, of which 1,332 received fluoride varnish treatments.



### CSUS Speech Pathology Department

- Partnered with SETA to provide university students with clinical practice training to conduct hearing screening. CSUS students screened approximately 110 Head Start children in the 2023–2024 program year.

### UC Davis Betty Irene Moore School of Nursing (BIMSON) Masters Entry Program

- Nursing Students completed their Summer Rotations. 12 Interns worked on projects that benefitted program staff, children, and families:
  - Early childhood health screenings that included growth assessments, hearing and vision screening, and blood pressure were conducted by the nurse interns on 240 Head Start children.
  - BIMSON students delivered Coordinated Approach to Child Health (CATCH) training to program staff and children. They facilitated activities and games that involved physical activity, nutrition, health and wellbeing.







## **Medical Dental Referral and Navigation System (MDRAN)**

SETA Head Start is part of the Medical Dental Referral and Navigation System (MDRAN) sponsored by the Sacramento County Department of Public Health, Medical Dental Advisory Committee (MCDAC). This has allowed SETA to use the MDRAN database utilized by Medi-Cal dental providers for information exchange. The health and nutrition services staff send direct referrals and help families navigate the Medi-Cal system. Referrals are made to set appointments and provide translation and/or transportation services directly to the dental provider.

## **Health Services Advisory Committee (HSAC)**

Current parents, grantee and delegate staff, and community professionals such as nurses, dentists, and registered dietitians comprise the countywide Health Services Advisory Committee. The committee advises Head Start programs on health policies and advocates for the medical, dental, and mental wellness needs of families and children.

In the 2024–2025 program year, the committee assisted Head Start in developing Lead Education for Staff to help staff navigate inquiries regarding lead and to provide confidential health education to families. This training was given to Family Service Workers and Home Visitors in a Train the Trainer style. Additionally, after the training was received, the Staff completed a post survey to capture recall and information retention. Additional ongoing projects by the committee include parent education to promote awareness of the importance of blood tests for lead and hemoglobin. Future projects focus on mental health to provide teaching staff with stress reduction techniques to for themselves and children to break the cycle of trauma.

# Delegate and Partner Agencies

SETA Head Start proudly partners with seven agencies to deliver Head Start preschool and Early Head Start services to eligible families in Sacramento County.

Together, all these agencies recruit and enroll children in diverse communities within Sacramento, Citrus Heights, Rancho Cordova, Elk Grove, Galt, Walnut Grove, and Isleton.

"There is no power for change greater than a community discovering what it cares about."

– Margaret J. Wheatley

## GRANT SUB-RECIPIENTS

Elk Grove Unified School District

Sacramento City Unified School District

San Juan Unified School District

Twin Rivers Unified School District

W.C.I.C./Playmate Child Development Centers

## EARLY HEAD START PARTNER AGENCIES

River Oak Center for Children

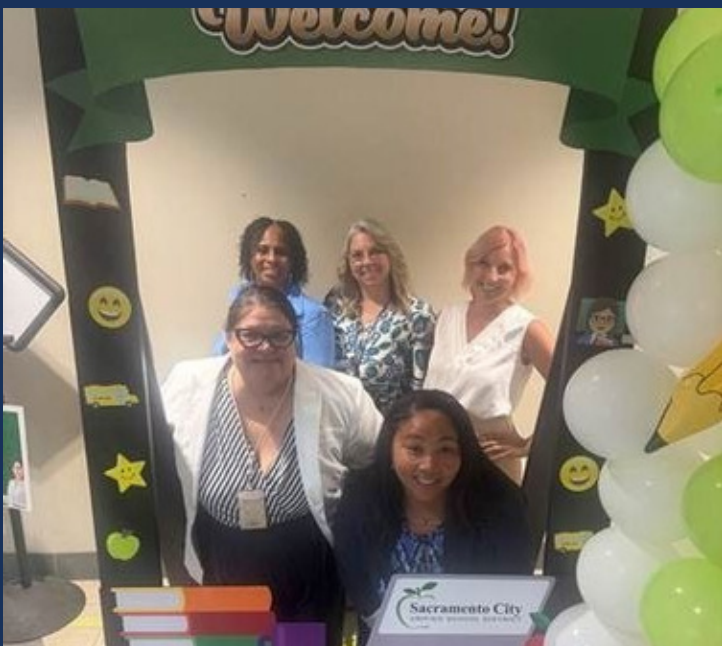
Sacramento County Office of Education

Elk Grove Unified School District



WOMEN'S CIVIC  
IMPROVEMENT CLUB  
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