

GOVERNING BOARD

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THOUGHT OF THE DAY:

*"If one dream should fall and break into a thousand pieces,
never be afraid to pick one of those pieces up and begin
again."*

Flavia Weedn

REGULAR MEETING OF THE HEAD START/EARLY HEAD START PARENT ADVISORY COMMITTEE

DATE: Tuesday, July 19, 2022

TIME: 9:00 a.m.

LOCATION:

<https://us02web.zoom.us/j/87073338623?pwd=czhzUzE0aWVTUWZFNEV0ekJSd0taUT09>

In response to the AB361 (Brown Act Section 54953) relating to the COVID-19 Pandemic, the Head Start Parent Advisory Committee (PAC) is conducting this meeting on Zoom at <https://us02web.zoom.us/j/87073338623?pwd=czhzUzE0aWVTUWZFNEV0ekJSd0taUT09>. Meeting ID: 870 7333 8623. Passcode: 111392. Members of the public may join the meeting by clicking the link above or typing the meeting address above into their web browser, or listen to the meeting by telephone: One tap mobile: +16699006833, 87073338623# US (San Jose). Dial by your location +1 669 900 6833 US (San Jose). Find your local number: <https://us02web.zoom.us/j/kcmp2ptGRs>. Members of the public are encouraged to participate in the meeting by submitting written comments by email to: Monica.Newton@seta.net. Any member of the public who wishes to speak directly to the board regarding any item on the agenda may contact Monica Newton at (916) 263-3753, or Monica.Newton@seta.net. Please include in your request which item you would like to participate on. Additionally, during the meeting any questions or comments may be submitted via the Q&A or chat features on Zoom. Public comments will be accepted until the adjournment of the meeting, distributed to the Parent Advisory Committee and included in the record.

In the event of disruption which prevents broadcasting of the meeting to members of the public using the call-in or internet-based service options, or in the event of a disruption which prevents members of the public from offering public comments, the Board shall take no further action on items appearing on the meeting agenda until public access to the meeting is restored.

Closed captioning will be available. This document and other Board meeting information may be accessed through the Internet by accessing the SETA home page: www.seta.net.

AGENDA

PAGE NUMBER

- | | | |
|-------------------------------------|--|-------|
| I. | <u>Call to Order/Roll Call/Review of Board Member Attendance</u> <ul style="list-style-type: none">➤ PAC Meeting Attendance Update➤ Introduction of New PAC Members | 1-5 |
| II. <u>Consent Item</u> | | |
| A. | Approval of the Minutes of the June 21, 2022 Regular Meeting | 6-11 |
| III. <u>Action Items</u> | | |
| A. | Approval of Findings and Authorization to Extend Use of Teleconferencing Procedures for Committee Meetings During Declared State of Emergency and/or While State or Local Officials Continue to Impose or Recommend Measures to Promote Social Distancing | 12-13 |
| IV. <u>Information Items</u> | | |
| A. | Standing Information Items <ul style="list-style-type: none">➤ Fiscal Monthly Report/Corporate Card Monthly Statement of Account – Mr. Victor Han➤ Leadership Training: Ms. Donna Bonner➤ Officer Training: Ms. Donna Bonner➤ Disaster Preparedness Training: Ms. Donna Bonner➤ Community Resources – Parents/Staff: Ms. Marie Desha<ul style="list-style-type: none">• Make Parenting a Pleasure – North Sacramento Family Resource Center• Read to Ride – CA State Fair (English & Spanish Forms) | |
| B. | Head Start Policy Council Minutes: May 24, 2022 | 27-33 |
| V. <u>Committee Reports</u> | | |
| | <ul style="list-style-type: none">➤ Executive Committee Meeting Critique: Ms. Donna Bonner➤ Budget/Planning Committee Meeting: Ms. Donna Bonner➤ Social/Hospitality Committee Meeting: Ms. Donna Bonner➤ Personnel/Bylaws Committee Meeting: Ms. Donna Bonner | 34 |
| VI. <u>Other Reports</u> | | |
| | <ul style="list-style-type: none">➤ Chair's Report➤ Policy Council Report(s): Ms. Kahmaria Holleman and Ms. Lesly Lainez-Carballo➤ Head Start Deputy Director's Report – Ms. Denise Lee<ul style="list-style-type: none">✓ Monthly Head Start Report | 35-45 |

- Head Start Managers' Reports
 - Lisa Carr - Family Engagement, Home Base, and ERSEA Services
 - Karen Griffith - School Readiness, Special Education, Mental Health Services, and Facilities/Safe Environments
 - Gricelda Ocegueda – Health, Oral Health, Nutrition, Food Services, Quality Assurance and On-going Monitoring

VII.	<u>Center Updates</u>	46
VIII.	<u>Discussion</u>	46
IX.	<u>Public Participation</u>	46
X.	<u>Adjournment</u>	

DISTRIBUTION DATE: Thursday, July 14, 2022

Parent Advisory Committee meeting hosted by:
 Donna Bonner (Chair), Fienishia Wash (Vice Chair), Lesly Lainez Carballo (Secretary),
 Le Andra Jones-Villalta (Treasurer), Pa Houa Moua (Parliamentarian)

ITEM I - A – ROLL CALL

The Parent Advisory Committee Secretary will call the roll for the following members:

____ Vacant, Alder Grove I Head Start
____ Vacant, Alder Grove II Head Start
____ Vacant, American Legion Head Start
____ **Kahmaria Holleman, Bannon Creek Head Start**
____ Vacant, Bret Harte Head Start
____ **Martha Aguilar, Capital City Head Start**
____ Vacant, CP Huntington Head Start
____ Vacant, Crossroad Gardens Head Start
____ **Lesly Lainez Carballo, Early Head Start (Home Base)**
____ Vacant, Early Head Start (Home Base)
____ **Donna Lambert, Elkhorn Head Start**
____ Vacant, Franklin Head Start
____ **Armonie Martin, Freedom Park Head Start**
____ Vacant, Freeport Head Start
____ Vacant, Fruitridge Head Start
____ Vacant, Galt Head Start
____ Vacant, Grizzly Hollow
____ Vacant, Hillsdale Head Start
____ Vacant, Hiram Johnson Head Start
____ Vacant, Pre-school Home Based Head Start
____ Vacant, Pre-School (Home Base)
____ Vacant, Home Base Early Head Start
____ Vacant, Hopkins Park Head Start
____ Vacant, Illa Collin Head Start
____ Vacant, Job Corps Head Start
____ Vacant, Kennedy Estates Head Start
____ Vacant, LaVerne Stewart Head Start
____ Vacant, (Marie Cleveland's) Bright Beginning Head Start
____ Vacant, Marina Vista Early Learning Center
____ Vacant, Mather Head Start
____ Vacant, Nedra Court Head Start
____ Vacant, Norma Johnson Head Start
____ Vacant, North Avenue Head Start
____ Vacant, Northview Head Start
____ Vacant, Parker Head Start
____ Vacant, Phoenix Park Head Start
____ Vacant, Pre-School (Home Base)
____ Vacant, River Oak Center for Children
____ Vacant, Sacramento County Office of Education
____ **Pa Houa Moua, Sharon Neese Early Learning Center**
____ **Mary Calhoun-Balwin, Solid Foundation Head Start**
____ Vacant, Strizek Park Head Start
____ **Lissette Casillas-Amaya, Walnut Grove Head Start**
____ **Le Andra Jones-Villalta, 16th Avenue Head Start**
____ **Stephen Key, Past Parent Representative**
____ **Donna Bonner, Past Parent Representative**
____ Vacant, Grandparent Representative
____ Vacant, Foster Parent Representative
____ **Fienishia Wash, Outgoing Chair**

ITEM I-A – ROLL CALL

(Continued)

Program Year 2021-2022 - New Representatives to be seated

<input type="checkbox"/> Vacant, Alder Grove I Head Start	<input type="checkbox"/> Vacant, Marina Vista Head Start
<input type="checkbox"/> Vacant, Alder Grove II Head Start	<input type="checkbox"/> Vacant, Mather Head Start
<input type="checkbox"/> Vacant, American Legion Head Start	<input type="checkbox"/> Vacant, Nedra Court Head Start
<input type="checkbox"/> Vacant, Bret Harte Head Start	<input type="checkbox"/> Vacant, Norma Johnson Head Start
<input type="checkbox"/> Vacant, CP Huntington Head Start	<input type="checkbox"/> Vacant, North Avenue Head Start
<input type="checkbox"/> Vacant, Crossroad Gardens Head Start	<input type="checkbox"/> Vacant, Northview Head Start
<input type="checkbox"/> Vacant, Franklin Head Start	<input type="checkbox"/> Vacant, Parker Head Start
<input type="checkbox"/> Vacant, Freeport Head Start	<input type="checkbox"/> Vacant, Phoenix Park Head Start
<input type="checkbox"/> Vacant, Galt Head Start	<input type="checkbox"/> Vacant, Pre-School (Home Base)
<input type="checkbox"/> Vacant, Grizzly Hollow Head Start	<input type="checkbox"/> Vacant, River Oak Center for Children
<input type="checkbox"/> Vacant, Hillsdale Head Start	<input type="checkbox"/> Vacant, SCOE
<input type="checkbox"/> Vacant, Hiram Johnson Head Start	<input type="checkbox"/> Vacant, Strizek Park Head Start
<input type="checkbox"/> Vacant, Home Base Head Start	<input type="checkbox"/> Vacant, Early Head Start (Home Base)
<input type="checkbox"/> Vacant, Hopkins Park Head Start	<input type="checkbox"/> Vacant, Grandparent Representative
<input type="checkbox"/> Vacant, Illa Collin Head Start	<input type="checkbox"/> Vacant, Parent Ambassador
<input type="checkbox"/> Vacant, Job Corps Head Start	<input type="checkbox"/> Vacant, Parent Ambassador
<input type="checkbox"/> Vacant, Kennedy Estates Head Start	<input type="checkbox"/> Vacant, Past Parent Representative
<input type="checkbox"/> Vacant, LaVerne Stewart Head Start	
<input type="checkbox"/> Vacant, (Marie Cleveland's) Bright Beginning Head Start	

ITEM I – B

PAC MEETING ATTENDANCE UPDATE

**The PAC was seated on November 16 & December 16, 2021,
March 15, May 17, & June 21, 2022
PARENT ADVISORY COMMITTEE MEETING ATTENDANCE PROGRAM
YEAR 2021-2022**

COMMITTEE MEMBER	CENTER	11/16	12/16		1/18	3/15	4/26 *	5/17	6/21	7/19	8/16	9/20	10/18	11/15	
Vacant Seated	AG I														
Vacant Seated	AG II														
Vacant Seated	AL														
Vacant Seated	BC														
Kahmaria Holleman Seated 11/16	BC	x	AP		x	X	X	X	X						
Vacant Seated	BH														
Martha Aguilar Seated 6/21	CP							U	X						
Vacant Seated	CPH														
Vacant Seated	CR														
Vacant Seated	EHS/HB														
Lesly Lainez Carballo Seated 12/16	EHS/HB		X		x	E	X	U	X						
Donna Lambert Seated 5/17	EL							X	X						
Vacant Seated	FA														
Armonie Martin Seated 5/17	FP							X	X						
Vacant Seated	FPT														
Vacant Seated	FT														
Vacant Seated	G														
Vacant Seated	GH														
Vacant Seated	H														
Vacant Seated	HB														
Cleopatra Deleon	HBP								AP						
Vacant Seated	HI														
Vacant Seated	HP														
Vacant Seated	IC														
Vacant Seated	HP														
Vacant Seated	JC														
Vacant Seated	K														

COMMITTEE MEMBER	CENTER	11/16	12/16		1/18	3/15	4/26 *	5/17	6/21	7/19	8/16	9/20	10/18	11/15	
Vacant Seated	LVS														
Vacant Seated	MCBB														
Vacant Seated	MV														
Vacant Seated	M														
Vacant Seated	NA														
Vacant Seated	NC														
Vacant Seated	NJ														
Vacant Seated	NV														
Vacant Seated	NV														
Vacant Seated	PA														
Vacant Seated	PP														
Vacant Seated	RO														
Vacant Seated	SCOE														
Mary Calhoun-Balwin Seated 5/17	SF							X	U						
PaHoua Moua Seated 4/25	SN						X	X	E						
Vacant Seated-	SP														
Lissette Casillas Seated 3/15	WG					X	X	X	X						
Le Andra Jones Villalta Seated 3/15	16A					X	X	X	X						
Vacant Seated	FPR														
Vacant Seated	AMB														
Vacant Seated	AMB														
Donna Bonner Seated 12/16	PPR	X	X		X	X	X	X	X						
Stephen Key Seated 6/21	PPR								X						
Vacant Seated	CR/GP														
Fienishia Wash Seated 12/16	OGC	X	X		X	X	X	X	X						

Members: If you cannot attend a meeting and are going to be absent, you must:

1. First, call your Alternate(s) to see if they can attend in your place;
2. Second, call Head Start Social Services/Parent Involvement Coordinator, Ms. Marie Desha, at (916) 263-4082; and
3. Third, please call the PAC Chair, Ms. Donna Bonner, at (916) 849-7239, or the Clerk of the Boards, Ms. Monica Newton, at (916) 263-3753.

**** Ethics training with Policy Council**

Special meeting

NM: No meeting

PARENT ADVISORY COMMITTEE - MEETING
ATTENDANCE UPDATE PROGRAM YEAR 2020-2021
(Continued)

Head Start Center Abbreviations

AG I	Alder Grove Early Learning Ctr.	HP:	Hopkins Park
AG II:	Alder Grove Infant/Toddler	IC:	Illa Collin
AL:	American Legion	JC:	Job Corps
BC:	Bannon Creek	K:	Kennedy Estates
BB:	Bright Beginnings	LVS:	LaVerne Stewart
BH:	Bret Harte	MV M:	Marina Vista Early Learning Center
CP:	Capital City		Mather
CPH:	CP Huntington	MCBB	Marie Cleveland's Bright Beginnings
CR:	Crossroad Gardens	NJ:	Norma Johnson
EHS:	Early Head Start	NA:	North Avenue
EL:	Elkhorn	NC:	Nedra Court
FA:	Franklin	NA	North Avenue
FP:	Freedom Park	NV:	Northview
FPT:	Freeport	PA:	Parker Avenue
FT:	Fruitridge	PP:	Phoenix Park
G:	Galt	RO:	River Oak
GH:	Grizzly Hollow	SCOE:	Sacramento County Office of Education
H:	Hillsdale	SF:	Solid Foundation
HB:	Home Based	SN:	Sharon Neese
HBP:	Home Based	SP:	Strizek Park
	Pre-School	WG:	Walnut Grove
HI:	Hiram Johnson		

Representative Abbreviations

OGC:	Out Going Chair
PPR:	Past Parent Representative
GPR:	Grandparent Representative
AMB:	Parent Ambassador

Attendance Record Abbreviations

X:	Present
E:	Excused
AP:	Alternate Present
AE:	Alternate Excused
U:	Unexcused
PAC:	Parent Advisory Committee
PC:	PAC Board Business
R:	Resigned
S/B:	Should be, or should have been (seated)
CD:	Child Dropped.
RS:	Reseat

current a/o 7/12/2022 10:53 AM

ITEM II-A – CONSENT

APPROVAL OF MINUTES OF THE JUNE 21, 2022 REGULAR MEETING

BACKGROUND:

This agenda item provides an opportunity for the Parent Advisory Committee to review and approve the minutes of the June 21, 2022

RECOMMENDATION:

Approve the minutes of the June 21, 2022 meeting.

NOTES:

ACTION: Moved: _____ Second: _____

VOTE: Aye _____ Nay: _____ Abstain: _____

REGULAR MEETING OF THE HEAD START PARENT ADVISORY COMMITTEE

(Minutes reflect the actual progress of the meeting.)

LOCATION: meeting held electronically

Tuesday, June 21, 2022
9:00 a.m.

I. Call to Order/Roll Call/Review of Board Member Attendance

Ms. Donna Bonner called the meeting to order at 9:00 a.m., and read the thought of the day. Ms. Villalta-Jones called the roll; a quorum was achieved.

Members Present:

Fienishia Wash, Outgoing Chair
Kahmaria Holleman, Bannon Creek
Donna Bonner, Past Parent Representative
Lissette Casillas-Amaya, Walnut Grove
Le Andra Jones Villalta, 16th Avenue
Armonie Martin, Freedom Park
Donna Lambert, Elkhorn
Lesly Lainez Carballo, Home Base - Early Head Start
Cleopatra De'Leon, Home Base Pre-School, Alternate

New Members to Be Seated Present:

Martha Aguilar, Capital City
Stephen Key, Past Parent Representative

New Members to Be Seated Absent:

Maritza Alcantara, Homes Base Head Start (*unexcused*)

Members Absent:

Mary Calhoun-Balwin, Solid Foundation (*unexcused*)
Pa Houa Moua, Sharon Neese (*excused*)

Ms. Martha Aguilar and Mr. Stephen Key gave brief introductions.

II. Consent Item

A. Approval of the Minutes of the May 17, 2022 Regular Meeting

Minutes were reviewed; there were no questions or comments.

Moved/Lambert, second/Holleman, to approve the May 17, 2022 Regular Meeting minutes.

Roll call vote:

Aye: 9 (Wash, Holleman, Casillas-Amaya, Jones-Villalta, Martin, Lambert, Lainez Carballo, De'Leon, Aguilar)

Nay: 0

Abstentions: 2 (Bonner, Key)

Absent: 2 (Calhoun-Balwin, Moua)

III. Action Item

- A. Approval of Findings and Authorization to Extend Use of Teleconferencing Procedures for Committee Meetings During Declared State of Emergency and/or While State or Local Officials Continue to Impose or Recommend Measures to Promote Social Distancing

Ms. Griffith reviewed this item.

Moved/Jones-Villalta, second/Key, to approve the Findings and Authorization to Extend Use of Teleconferencing Procedures for Committee Meetings During Declared State of Emergency and/or While State or Local Officials Continue to Impose or Recommend Measures to Promote Social Distancing

Roll call vote:

Aye: 10 (Wash, Holleman, Casillas-Amaya, Jones-Villalta, Martin, Lambert, Lainez Carballo, De'Leon, Aguilar, Key)

Nay: 0

Abstention: 1 (Bonner)

Absent: 2 (Calhoun-Balwin, Moua)

IV. Information Items

- B. Sacramento Public Library Presentation

Ms. Bonner introduced Mr. Peter Coyl, Library Direct and CEO, and Mr. Nate Halsan, Early Learning Specialist, with the Sacramento Public Library. Mr. Coyl gave an overview of the Sacramento Public Library. Mr. Halsan reviewed resources for families. The Explore and Learn program QR code was shared. Several library locations host Lunch at the Library!, the flyer was shared. The Summer Reading flyer was shared. The community can sign up for a library card at www.Saclibrary.org. The location, contact and My Account tabs of the website were reviewed. Mr. Coyl clarified that no personal information will be shared, and citizenship status is not required. Ms. Bonner asked about times for Storytime. Mr. Halsan explained that it varies by location and referred to the website. During the summer months homework help is not available, it is available during the school year. Storytime online is facilitated by librarians. The Community Center shares the same parking lot as the Natomas Library, which provides the free

lunch. Ms. Aguilar asked if there is an age limit to receive a library card. Mr. Coyl answered there is not a limit, a child can get a library card at any age.

A. Standing Information Items

➤ Fiscal Monthly Report/Corporate Card Monthly Statement of Account

Mr. Han reviewed the Head Start/Early Head Start fiscal expenditure reports for fiscal year 2021-2022. The Northview project should be completed by next month. Ms. Villalta-Jones asked about the medical supplies charge on the American Express statement. Ms. Ocegueda explained that it is for the hearing and vision screening at the centers. The SETA Operated California Department of Education (CDE) and California Department of Social Services (CDSS) reports were reviewed.

➤ Orientation Report(s):

Ms. Bonner reviewed the orientation was held on Friday, June 3, 2022. Ms. Aguilar commented on how helpful it was and how useful the provided information was. Mr. Key said he learned how to make motions and recommendation during meetings.

➤ Meet & Greet and Parent Bonding Activity Report(s):

Ms. Bonner stated Alpha Fire Arts is closed on Mondays, notifications will be made when items are ready for pick-up. Ms. Villalta-Jones shared it was a wonderful way to get together with PAC and PC members at the Meet and Greet, and Alpha Fire Arts visit. Everyone was motivated and excited to paint their piece of art. Ms. Wash said she enjoyed the experience and the company.

➤ Leadership Training:

Ms. Bonner stated the Leadership Training will take place in August, the time and date are to be determined.

➤ Community Resources – Parents/Staff:

Ms. Desha reviewed the community resources.

C. Head Start Policy Council Minutes for April 26, 2022. No Questions

V. **Committee Reports**

➤ Executive Committee Meeting:

The next Executive Committee meeting will be, Friday, June 24, 2022 at 9:00 a.m., in-person at the SETA Administrative Building, in the Shasta Room. Child's

Development Brain Architect class will be held in the Sequoia room after the Executive Committee meeting.

- **Budget/Planning Committee Meeting:**
The next Budget Committee meeting will be Tuesday, July 12, 2022 at 1:00 p.m., via Zoom.
- **Social/Hospitality Committee Meeting:**
The next Social/Hospitality Committee meeting will be Wednesday, July 6, 2022 at 12:00 p.m., in-person at the SETA Administrative Building, in the Shasta Room.

VI. Other Reports

- **Chair's Report**

Ms. Bonner stated there will be Officer's Training on July 14, 2022, via Zoom.

- **Policy Council Report(s):**
Ms. Holleman gave an overview of the Policy Council meeting. She reviewed the approved application eligibility list.
- **Head Start Deputy Director's Report - No report**
- **Head Start Managers' Reports**
 - **Lisa Carr - Family Engagement, Home Base, and ERSEA Services**

Ms. Carr reviewed the monthly enrollment report. Full enrollment initiative is on, it is expected to be at 100 percent. During the parent meeting there will be a parent engagement activity that reflects classroom activity. Ms. Carr encouraged parents to sign up for the Brain Architect class, sign up is open through the end of June 22, 2022.

- **Karen Griffith - School Readiness, Special Education, Mental Health Services, and Facilities/Safe Environments**

Ms. Griffith shared that SETA Head Start is in the process of file reviews in preparation for the Federal review. On average 150 teachers attended each of the four nights during the Summer Series (May 31 – June 9). Twenty-four more apprentices were placed in the program.

- **Gricelda Ocegueda – Health, Oral Health, Nutrition, Food Services, Quality Assurance and On-going Monitoring**

Ms. Ocegueda discussed COVID-19 uptake. Test kits are available for those in need. This summer UC Davis Co-Op will come to the sites on Nutrition, etc. Lead testing numbers are low again. Toothbrushing activities will also be provided during parent meetings, church activities, etc. Each child's file is reviewed in preparation for the Federal review. An Emergency Disaster training will be hosted once a suitable date is determined. Special diets are included in Safe Environments along with others.

VII. Center Updates:

Ms. Holleman shared that at Bannon Creek there is sprinkler activity on Tuesdays and Fridays. Bannon Creek will have an in-person graduation celebration at the park.

VIII. Discussion: None

IX. Public Participation: None.

X. Adjournment: The meeting was adjourned at 10:25 a.m.

ITEM III-A - ACTION

APPROVAL OF FINDINGS AND AUTHORIZATION TO EXTEND USE OF TELECONFERENCING PROCEDURES FOR COMMITTEE MEETINGS DURING DECLARED STATE OF EMERGENCY AND/OR WHILE STATE OR LOCAL OFFICIALS CONTINUE TO IMPOSE OR RECOMMEND MEASURES TO PROMOTE SOCIAL DISTANCING

BACKGROUND:

California Governor Gavin Newsom has issued long-existing state of emergency related to COVID-19, which remains in effect. Governor Newsom had previously authorized local agencies, by Executive Order, to conduct meetings under the Brown Act utilizing Zoom or other remote procedures to conduct meeting by modified teleconference procedures. In September 2021, the legislature signed and passed into law AB 361, which amended Section 54953 of the Brown Act to similarly authorize teleconferencing of Board Meetings, provided necessary procedures are followed.

Under AB 361, in the event of disruption which prevents broadcasting of the meeting to members of the public using the call-in or internet-based service options, or in the event of a disruption which prevents members of the public from offering public comments, the legislative body shall take no further action on items appearing on the meeting agenda until public access to the meeting is restored.

AB 361 also authorizes public agencies to continue to hold subsequent meetings via teleconference procedures during any state of emergency that directly impacts the ability of the members to meet safely in person or while State or local officials continue to impose or recommend measures to promote social distancing. The Governor's declared continuing state of emergency remains active and continues to serve to protect members of the public from unnecessary risk and exposure to COVID-19. In addition, Ca OSHA continues to recommend physical distancing in places of employment as a measure to protect employees against the spread of COVID-19. Given these circumstances, in order to allow for the next Committee meeting to be held by teleconference procedures consistent with AB 361, the Committee must make the following findings no later than 30 days after the first teleconferencing meeting and every 30 days thereafter by majority vote:

- a. The legislative body has reconsidered the circumstances of the state of emergency.
- b. Any of the following circumstances exists:
 - i. The state of emergency continues to directly impact the ability of the members to meet safely in person.
 - ii. State or local officials continue to impose or recommend measures to promote social distancing.

ITEM III-A-ACTION (continued)

Page 2

RECOMMENDATION:

Authorize the continued use of teleconferencing for Parent Advisory Committee meetings under AB 361, occasioned by the continuing state of emergency issued by Governor Newsom that directly impacts the ability of the members to meet safely in person and the continuation of Cal OSHA recommendations promoting physical distancing in places of employment and, based thereon, make the following findings in support of this action:

- a. The Committee has reconsidered the circumstances of the state of emergency.
- b. The following circumstances exist:
 - i. The state of emergency continues to directly impact the ability of the members to meet safely in-person.
 - ii. State officials continue to recommend measures to promote social distancing.

ACTION: Moved: _____ Second: _____

VOTE: Aye _____ Nay: _____ Abstain: _____

ITEM IV-A – INFORMATION

STANDING INFORMATION

BACKGROUND:

A. Standing Information Items

- Fiscal Monthly Report/Corporate Card Monthly Statement of Account – Mr. Victor Han
- Leadership Training: Ms. Donna Bonner
- Officer Training: Ms. Donna Bonner
- Disaster Preparedness Training: Ms. Donna Bonner
- Community Resources – Parents/Staff: Ms. Marie Desha
 - Make Parenting a Pleasure – North Sacramento Family Resource Center
 - Read to Ride – CA State Fair (English & Spanish Forms)

NOTES:

NORTH SACRAMENTO FRC PRESENTS

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A Free Court-Approved Parenting Education Workshop that focuses on Self-Care, Anger & Stress Management, Positive Discipline Tools, and More!

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Scan the QR code to
register or call
916-261-3042



SCAN ME

MULTIPLE DAYS AND TIMES AVAILABLE

Parent Advisory Committee

Page 22

Tuesday, July 19, 2022

North Sacramento
Family Resource Center

Birth
& Beyond

CALIFORNIA
VOLUNTEERS

FIRST 5
SACRAMENTO





CAL STATE FAIR & FOOD FESTIVAL JULY 15-31, 2022



READ BOOKS! RIDE RIDES!

Kids Get
FREE
ADMISSION

on Tuesdays*!

*Kids 12 and under.

**FOR EVERY 2 BOOKS YOU READ, GET 2 RIDES
AND 1 MONORAIL TICKET FOR FREE* A \$15 VALUE**

K-8TH Grade Only • Butler Amusements, Inc. is the proud title partner of this program.

***Rules and Regulations:** Read to Ride redemption valid any day of the 2022 Fair. Any child in 8th grade or below may participate. One ticket=one free ride (some rides subject to exclusion). Books must be approved by student's teacher or parent/guardian. Forms must be completely filled out with parent/guardian/teacher signature. Additional forms can be found online. No books may be repeated for redemption. Student must be present to redeem the ride tickets. Only one (1) report form per child per day will be accepted. Original book report forms only, no photocopies of summaries will be accepted. Report forms are only valid in increments of two (2) books. While supplies last. All ride height and safety requirements will apply. **Disclaimer:** The Read to Ride Program is not a school district sponsored program. School districts accept no responsibility or liability for this activity or group.

CalExpoStateFair.com



UNIVISION
SACRAMENTO
Page 23



Tuesday, July 19, 2022

READ BOOKS
RIDE RIDES

1. Read two (2) books approved by your parent, guardian or teacher.
2. Write a brief summary of the books to earn two (2) carnival ride passes and one (1) monorail ticket.
3. Children ages 6 years and under may draw a picture that describes the book.
4. Use another piece of paper if you need more room to write. Don't forget to staple it to the form!
5. Program is good only for students in kindergarten through 8th grade.
6. To receive your ride passes, bring this form to the California State Fair Guest Services (located inside the Main Gate). **Passes offered only in increments of 2. Only one (1) form per child per day.**



The California State Fair gratefully acknowledges Butler Amusements Inc. for their sponsorship and support of our literacy program.

Parent Advisory Committee

Report Form

Book Title _____

Author _____

Summary

Book Title _____

Author _____

Summary

Student Name

Age

School

Grade

Parent/Guardian or Teacher Signature

Date _____



CAL STATE FAIR & FOOD FESTIVAL JULY 15-31, 2022



¡LEE LIBROS, SÚBETE A LOS JUEGOS!

NIÑOS GRATIS*

LOS MARTES
NIÑOS DE 12 AÑOS O MENOS

¡POR CADA 2 LIBROS QUE LEES, RECIBE 2 BOLETOS PARA LOS JUEGOS
MECÁNICOS Y 1 BOLETO PARA EL MONORAIL GRATIS! **VALOR DE \$15**

Solamente estudiantes de K-8^o • Butler Amusements, Inc. es el orgulloso compañero principal de este programa.

*Normas y reglamentos: Read to Ride oferta válida durante los días de la feria del 2022. Cualquier niño en 8^o grado o menos puede participar. Un boleto = un paseo gratis (algunos juegos mecánicos están sujetos a exclusión). Los libros deben ser aprobados por el maestro del estudiante o el padre/tutor. Los formularios deben ser llenados completamente con la firma del padre/tutor/maestro. No se pueden repetir libros para la redención. El estudiante debe estar presente para canjear los boletos de juegos. Sólo un (1) formulario por niño por día será aceptado. Formularios de libros originales solamente, no se aceptarán fotocopias de los formularios. Los formularios sólo son válidos en incrementos de dos (2) libros. Mientras duran las existencias. Todos los requisitos de altura y seguridad del juego mecánico se aplicarán. Descargo de responsabilidad: El programa de lectura no es un programa patrocinado por ningún distrito escolar. Los distritos escolares no aceptan ninguna responsabilidad u obligación por esta actividad a grupo.

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PAC
Parent Advisory Committee

SPC
SACRAMENTO
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SlavicSac.com
SLAVIC NEWS IN CALIFORNIA



새크라멘토 한인침례교회

Tuesday, July 19, 2022

Lee Libros Súbete a las Atracciones

1. Lee dos (2) libros aprobados por tu padre, tutor o maestro.
2. Escribe un resumen breve de los libros para ganar 2 boletos para los juegos mecánicos y un boleto para el Monorail gratis!
3. Los niños de 6 años o menores pueden hacer un dibujo que describa el libro.
4. Utiliza otra hoja de papel si necesitas más espacio para escribir. ¡No te olvides de graparla al formulario!
5. El programa es válido sólo para estudiantes de kínder a octavo grado.
6. Para recibir tus pases de juegos mecánicos, lleva este formulario a la oficina de Servicios al Cliente de la Feria Estatal de California (ubicada dentro de la entrada principal). Los pases se ofrecen en incrementos de 2. Sólo un (1) formulario por niño por día.



La Feria Estatal de California reconoce con gratitud a Butler Amusements Inc. por su patrocinio y apoyo a nuestro programa de alfabetización Parent Advisory Committee

Formulario de Reporte

Título de libro _____

Autor _____

Resumen _____

Título de libro _____

Autor _____

Resumen _____

Nombre de Estudiante

Edad

Escuela

Grado

Firma de Padre/Tutor o Maestro

Fecha

ITEM IV-B – INFORMATION

POLICY COUNCIL MINUTES

BACKGROUND:

This agenda item provides an opportunity for the Parent Advisory Committee to review the Policy Council minutes of the May 24, 2022 meeting.

NOTES:

REGULAR MEETING OF THE HEAD START POLICY COUNCIL

(Minutes reflect the actual progress of the meeting.)

Meeting Held Electronically

Tuesday, May 24, 2022
9:00 a.m.

I. Call to Order/Roll Call/Review of Board Member Attendance

Mr. Charles Taylor called the meeting to order at 9:01 a.m. and read the thought of the day. Mr. Taylor called the roll; a quorum was met.

Members Present:

Donna Bonner, Foster Parent/Community Representative
Charles Taylor, Past Parent/Community Representative
Fienishia Wash, Grandparent/Community Representative
Rosemary Schapira, Community Agency Representative
Carissa Salee, Early Head Start, San Juan Unified School District
Lesly Lainez Carballo, SETA-Operated Program
Kahmaria Holleman, SETA-Operated Program
Stephen Key, Past Parent/Community Representative
Crisanta Martin, WCIC/Playmate Child Development Center

Members Not Present:

Tonya Shead, Twin Rivers Unified School District (*unexcused*)
Kara Long, San Juan Unified School District (*excused*)

II. Consent Item

A. Approval of the Minutes of the April 26, 2022 Regular Meeting

The minutes were reviewed; no questions or corrections.

Moved/Bonner, second/Holleman, to approve the April 26, 2022 minutes as distributed.

Roll call vote:

Aye: 7 (Bonner, Wash, Schapira, Salee, Lainez Carballo, Holleman, Key)

Nay: 0

Abstention: 1 (Taylor)

Absent: 3 (Shead, Long, Martin)

III. Action Items

A. Approval of Findings and Authorization to Extend Use of Teleconferencing Procedures for Council Meetings During Declared State of Emergency and/or

While State or Local Officials Continue to Impose or Recommend Measures to Promote Social Distancing

Mr. Taylor reviewed this item.

Moved/Bonner, second/Key, to approve the Findings and Authorization to Extend Use of Teleconferencing Procedures for Council Meetings During Declared State of Emergency and/or While State or Local Officials Continue to Impose or Recommend Measures to Promote Social Distancing.

Roll call vote:

Aye: 7 (Bonner, Wash, Schapira, Salee, Lainez Carballo, Holleman, Key, Martin)

Nay: 0

Abstention: 1 (Taylor)

Absent: 3 (Shead, Long, Martin)

B. CLOSED SESSION PERSONNEL- PURSUANT TO GOVERNMENT CODE SECTION 54957

The Board went into closed session at 9:12 a.m. At 9:39 a.m., Mr. Taylor called the meeting back into open session and reported that the following eligible lists were approved in closed session: Approval of Eligible List for: Associate Teacher & Associate Teacher/Infant Toddler, Children and Family Services Education Program Officer, Family Service Worker II & III, Head Start Cook/Driver, Head Start Education Coordinator, Head Start Teacher, Information Technology Engineering Analyst

C. TIMED ITEM 9:00 A.M. AND PUBLIC HEARING

Approval of Changes to the SETA Personnel Policies and Procedures Hiring of Head Start Grantee Operated Program Staff Policies

Mr. Taylor opened the public hearing at 9:41 a.m.

Ms. Saurbourne stated it is a highly competitive job market. One of the challenges is that the length of time of posting and hiring, we need to make it as fast as possible. We lose candidates because they are offered other jobs before SETA can give an offer. We cannot make a job offer until PC approves. It is important for parents to be involved in the hiring process. We want to have PC and PAC involvement in the hiring process. What is proposed is to remove the approval of the eligibility list by the PC.

Mr. Taylor asked for clarification if the Board will no longer hold closed sessions.

Ms. Saurbourne said the hiring process is the same. The eligibility list is still there the hiring manager uses the list to choose. We are asking to not have to wait to move forward until the PC approves the list. The eligibility list will still be

presented to the Board. This will allow us to move forward more quickly in our hiring process.

Moved/Bonner, second/Key, to close the public hearing and approve the updated policies regarding the hiring of Head Start grantee operated program staff

Roll call vote:

Aye: 8 (Bonner, Wash, Schapira, Salee, Lainez Carballo, Holleman, Key, Martin)

Nay: 0

Abstention: 1 (Taylor)

Absent: 2 (Shead, Long)

D. Election of Policy Council Officers for Program Year 2021-2022

Mr. Taylor reviewed this item and the accompanying bylaws for the available positions of Secretary, Treasurer, and Parliamentarian. There were no nominations. The item was tabled.

Moved/Bonner, second/Key, to approve to table the election of Parliamentarian to the next meeting.

Roll call vote:

Aye: 8 (Bonner, Wash, Schapira, Salee, Lainez Carballo, Holleman, Key, Martin)

Nay: 0

Abstention: 1 (Taylor)

Absent: 2 (Shead, Long)

E. Approval of Budget Modification Request for Head Start and Early Head Start in Program Year 2021-2022

Ms. Lee reviewed the Agency has underspent funds. By using previous years monies, it freed up monies in the current program to use for other projects. The budget modification is moving money from one funding source to another. We are moving funds from the Head Start grant from personnel, fringe and construction to equipment, supplies, contractual and other. Some projects would be to reprogram mentioned funds, for vehicles for our foodservice program, as well as, HVAC replacements for four sites. All of these are going to grantee operated programs at school sites. An office pod is proposed for the Northview Early Learning Center, as a teacher space for breaks and workspace. We are also looking to replace siding, roofing and rubber surfaces where needed. Cost savings for personnel is due to vacancies and not all school sites were opened at the beginning of the year.

Moved/Key, second/Holleman, to approve the budget modification request for Head Start and Early Head Start, in the amount of \$2,100,800, for deferred maintenance projects and increased operating cost

Roll call vote:

Aye: 8 (Bonner, Wash, Schapira, Salee, Lainez Carballo, Holleman, Key, Martin)

Nay: 0

Abstention: 1 (Taylor)

Absent: 2 (Shead, Long)

F. Approval of the Submission of the Head Start/Early Head Start Cost of Living Adjustment (COLA) and Quality Improvement Application for Program Year 2022-2023

Ms. Lee reviewed this item is to apply for funding for cost of living increase. The Federal Government provides an increase in response to the high cost of living each year, this year the percentage is 2.28 percent applied to personnel, salaries, and staff. Quality Improvement (QI) funds are not always given, however this year they are available. The funds are earmarked to improve staff, this year was given per enrolled child slot. Just under 50 percent is kept in the SETA program (Grantee). SETA is finalizing union negotiations to pay the employees in their wages and medical benefits. These will be ratified on May 25, 26 and 31, 2022. In this case we are struggling across classifications, we are having issues backfilling positions such as SETA teachers, drivers and facilities. The application is due June 1, 2022.

Moved/Bonner, second/Holleman, to approve the submission of the Cost of Living Adjustment (COLA) and Quality Improvement (QI) application for the Head Start and Early Head Start base grant in the amount of \$1,729,147 for Program Year 2022-2023

Roll call vote:

Aye: 7 (Bonner, Wash, Salee, Lainez Carballo, Holleman, Key, Martin)

Nay: 0

Abstention: 1 (Taylor)

Absent: 3 (Shead, Long, Schapira)

IV. **Information Items**

A. Standing Information Items

➤ Fiscal Monthly Report/Corporate Card Monthly Statement of Account:

Mr. Han reviewed the Head Start/Early Head Start fiscal expenditure reports for fiscal year 2021-2022. We expect the Training/Technical Assistance (TTA) grants to be spent down by the end of the year. Costs for food, nutrition, and supplies are slightly higher due to increase cost of items. The credit card statements were reviewed, nothing was out of the ordinary.

- Community Resources – Parents/Staff:
Ms. Schapira shared Fathers will be honored at the North Sacramento Family Resource Center in June, this event will be free.

Mr. Taylor reviewed the community resources.

B. Governing Board Minutes for April 7, 2022: No Questions

V. **Committee Reports**

- Executive Committee Meeting:
The next Executive Committee meeting will be Friday, May 27, 2022 at 10:00 a.m., via zoom.
- Budget/Planning Committee Meeting:
The next Budget Committee meeting will be Tuesday, June 14, 2022 at 1:00 p.m., via Zoom.
- Social/Hospitality Committee Meeting:
The next Social/Hospitality Committee meeting is to be determined. The Meet & Greet flyer was shared and reviewed for Friday, June 10 at 8:30 a.m. The Parent Bonding Activity will follow from 11:00 a.m. to 1:30 p.m.

VI. **Other Reports**

- A/B. Interim Executive Director's/Head Start Deputy Director's Report
Ms. Lee stated we are still working on filling the Executive Director position and reviewed the Quality Assurance Report. We are struggling to bounce back from COVID-19 on many levels. We are working with a dedicated team for corrective actions. There is an ongoing effort on oversight and helping agencies that require improvement. There will be a visit from the Regional Office on July 12 & 13, 2022.
- C. Chair's Report
Mr. Taylor shared the PC/PAC Orientation will be held on Friday, June 3, 2022 from 9:00 – 11:00 a.m. at the SETA Administrative Building, in the Board Room.
- D. Head Start Managers' Reports
✓ Lisa Carr - Family Engagement, Home Base, and ERSEA Services
- Ms. Carr shared the Head Start commercial in English and Spanish. Reviewed enrollment for the county, we are at 82 percent for Early Head Start we are at 89 percent, we will be meeting with delegates this year. We want 99-100 percent enrollment, not just the 50 percent requirement. Twin Rivers Unified School District is at 99 percent for full enrollment and Elk Grove Unified School District at

95 percent. Ms. Carr announced the apprenticeship program was reopened, the deadline is June 3, 2022.

Mr. Taylor asked who the contact is.

Ms. Carr replied those interested should go to the SETA website, www.seta.net, under careers, select childcare teacher assistant apprentice. This was sent out to the delegate agencies as well. She is meetings with WCIC and Elk Grove Unified School District this week.

- ✓ Karen Griffith - School Readiness, Special Education, Mental Health Services, and Facilities/Safe Environments - No Report
- ✓ Gricelda Ocegueda – Health, Oral Health, Nutrition, Food Services, Quality Assurance and On-going Monitoring

Ms. Ocegueda said in the next month the Quality Assurance Summary Report for Twin Rivers Unified School District and San Juan Unified School District should be released. Countywide we are gaining information for monkeypox. There was a recall on peanut butter. There was an uptick in COVID-19 countywide, and cases that effected staff shortages at SETA Head Start/Early Head Start. Families continue to be proactive in COVID-19 prevention methods. There is mental health information accessible through the Sacramento County Department of Public Health. We are preparing for the Federal countywide review in the new program year.

Mr. Taylor asked about the peanut butter recall.

Ms. Ocegueda replied the recalled is for Jiff, there are two lot numbers recalled. These items could have been purchased in last six months.

E. Open Discussion and Comments: None

F. Public Participation: None

VII. Adjournment: The meeting was adjourned at 10:41 a.m.

ITEM V
COMMITTEE REPORTS

V. Committee Reports

- Executive Committee Meeting: Ms. Donna Bonner

- Budget/Planning Committee Meeting: Ms. Donna Bonner

- Social/Hospitality Committee Meeting: Ms. Donna Bonner

- Personnel/Bylaws Committee Meeting: Ms. Donna Bonner

NOTES:

ITEM VI

OTHER REPORTS

BACKGROUND:

This agenda item provides an opportunity for other reports to be shared with PAC.

- Chair's Report
Policy Council Report(s): Ms. Kahmaria Holleman and Ms. Lesly Lainez-Carballo
- Head Start Deputy Director's Report – Ms. Denise Lee
 - ✓ Monthly Head Start Report
- Head Start Managers' Reports
 - Lisa Carr - Family Engagement, Home Base, and ERSEA Services
 - Karen Griffith - School Readiness, Special Education, Mental Health Services, and Facilities/Safe Environments
 - Gricelda Ocegueda – Health, Oral Health, Nutrition, Food Services, Quality Assurance and On-going Monitoring

NOTES:

MONTHLY PROGRAM INFORMATION REPORT

JUNE 2022

Children Growing, Learning and Sampling

One of many wonderful learning activities that children experience in Head Start is healthy eating, food choices and gardening. As such, many teachers host small gardens cultivated and nurtured by children and staff in the center. Gardens come in a variety of shapes, sizes and materials including platter boxes, wheelbarrows, pots/containers and the good old-fashioned ground. Children will often start their garden by growing seeds in a Dixie cup; others will start them with small plants. Children help chose the types of fruits/vegetables they want to grow. Some examples have included tomatoes, kale, cucumbers, carrots, garlic, peppers, chilis, onions, pumpkins, strawberries, and melons. Teachers then use the “fruits/veggies” of their labor in cooking activities such as making salsa and smoothies. They may also just have a tasting day so children can describe the textures, smells, colors, and tastes. Check out the most recent tasting of zucchini by the children at the Mather Early Learning Center. Pictures are worth a thousand words.

Thank you Mather staff and
Program Officer, Lynda, for sharing.



Children Growing, Learning and Sampling

ACF-IM-HS-22-04

Issued: June 21, 2022

Competitive Bonuses for the Head Start Workforce

The Office of Head Start recently released Information Memorandum IM-HS-22-04, which offers guidelines and encouragement to programs to use American Rescue Plan (ARPA) funds, base grant operations funds, and other COVID-19 relief funds to offer competitive financial incentives to staff. OHS recognizes that the value of incentives may need to increase from what was previously offered and recommends that programs offer incentives to meet or reasonably exceed incentives offered by competitors, including local elementary schools.

For more information and guidance, please visit the OHS/ACF website at: <https://eclkc.ohs.acf.hhs.gov/policy/im/acf-im-hs-22-04>.

Head Start Enrollment Campaign

As shared in previous meetings, the Children and Family Services Department embarked on a new marketing campaign designed to increase enrollment and public awareness of services. The campaign kicked off with the social media blast on *Facebook, Instagram and Google*. Then it moved to a 30-second Comcast commercial, which ran in June and will re-run in August. The campaign also focuses on rebranding the SETA Head Start logo to reflect a countywide approach moving away from "SETA Head Start" and moving to "Head Start Sacramento". The campaign also included new center signage, window-wraps to more clearly identify the center from the street, and re-designed recruitment flyers. Staff have added a question to the in-take paperwork to inquiry how families heard about Head Start. The data of each campaign will be shared in a future meeting.

PARENTS – CALL TO ACTION

Please refer friends and family with children ages birth to 5 years old to Head Start today:

- ⇒ Call 916.263.6113
- ⇒ Visit the Website at www.headstart.seta.net or www.headstartsacramento.org and click the "Enroll Now" button
- ⇒ Stop by any one of our center locations. Addresses can be found at online at: www.headstartsacramento.org.

COVID Update

While data shows a consistent pattern since February, COVID-19 continues to impact children/staff exposures and program operations in Head Start.

**Remember: The goal is have
100%
enrollment by September
2022.**

SETA Head Start – 2022 COVID-19 Summary by Month						
DATA	January	February	March	April	May	June
Number of school days	20	19	23	16	20	22
Site Staff confirmed positive	59	12	2	3	18	24
Site Staff exposed in class	132	41	10	17	54	66
Children confirmed positive	94	27	9	4	10	25
Children exposed in class	565	271	78	96	391	383
Children exposed at home (reported)	420	11	1	5	17	27
Children not exposed, but whose services were delayed	283	0	0	0	0	0
Total children quarantining	1,268	11	1	5	17	27
Classroom days closed (total, all sites)	287	0	0	0	0	0
Number of distinct classrooms affected	67	30	8	7	38	44
Number of sites closed	4	0	0	0	0	0
Number of outbreaks	0	0	0	0	0	1

GOAL

Vaccines Available for Children as Young as 6 Months

Great news: Kids as young as 6 months can now get the protection of a COVID vaccine! Below are some frequently asked questions (source: *We Can Do This* by the Dept. of Health and Human Services).

VACCINE AVAILABILITY

Who can get a COVID-19 vaccine?

Everyone ages 6 months and older in the United States can get a COVID-19 vaccine. The vaccines are [free for everyone](#), regardless of your immigration status. You also don't need health insurance.

Where can I or my child get vaccinated?

COVID-19 vaccines are available from many pharmacies and health care providers. You have three ways to find vaccines near you:

Go to [vaccines.gov](https://www.vaccines.gov)

Text your ZIP code to 438829

Call 1-800-232-0233

Also check with your child's health care provider or their school. Many schools are providing vaccines to make it easier for students to get vaccinated.

Do I need to give consent before my child can get vaccinated?

Consent laws vary across states and territories. For example, most—but not all—states require vaccine providers to get a parent's or guardian's permission to give a vaccine to a child under age 18.

Check with your [state/territory health department](#) to find out about local parental/guardian consent requirements.

VACCINE SAFETY AND EFFECTIVENESS

Why should my child get vaccinated?

COVID-19 can sicken people of all ages. There's no way to predict how your child might be affected by COVID.

Among children under age 18 in the United States who've gotten COVID-19:

Tens of thousands have been hospitalized

Hundreds have died

Even if your child doesn't get very sick, a COVID-19 infection could still cause health problems down the road.

Your child can also spread the virus to someone who is at risk for severe illness—like a grandparent, someone at church, a teacher at school, or anyone in your community.

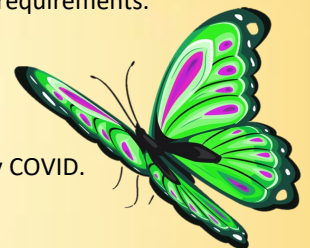
The vaccines are highly effective at preventing severe illness, hospitalization, and death due to COVID-19.

How do we know the vaccines are safe for kids?

The COVID-19 vaccine for children has been through rigorous testing and thorough review by the FDA and CDC.

Thousands of children participated in the clinical trials. Among those who received the vaccine, it was shown to be safe and effective at preventing COVID-19.

COVID-19 vaccines are the most closely monitored vaccines in U.S. history. And the FDA and CDC will continue to monitor the safety of COVID-19 vaccines, including among children.



VACCINE SAFETY AND EFFECTIVENESS

(continued)

How do we know the vaccines are safe for kids?

The COVID-19 vaccine for children has been through rigorous testing and thorough review by the FDA and CDC. Thousands of children participated in the clinical trials. Among those who received the vaccine, it was shown to be safe and effective at preventing COVID-19.

COVID-19 vaccines are the most closely monitored vaccines in U.S. history. And the FDA and CDC will continue to monitor the safety of COVID-19 vaccines, including among children.

How do the vaccines work?

The active ingredient is a molecule that leads your body to briefly make a protein (called the spike protein) normally found on the surface of the virus that causes COVID-19. The vaccine helps your body recognize that protein and creates a strong immune response against the spike protein.

After vaccination, your body breaks down the vaccine components and gets rid of them within about 36 hours.

After vaccination, because the immune system has protection built up against the spike protein, the body is ready to fight off the virus that causes COVID-19.

Will I or my child get myocarditis or pericarditis from receiving an mRNA COVID-19 vaccine?

Myocarditis and pericarditis are two kinds of heart inflammation that can cause symptoms like chest pain, a fast or hard heart-beat, and shortness of breath.

These kinds of [heart inflammation after vaccination are extremely rare](#).

When they happen, they mostly happen in male adolescents and young adults, typically within several days after mRNA COVID-19 vaccination.

Patients usually recover quickly and respond well to medications and rest.

You're actually more likely to get heart inflammation if you're unvaccinated and get sick with COVID-19.

And heart inflammation from COVID-19 tends to be worse than the heart inflammation people have had after vaccination.

Are the COVID-19 vaccines safe for people who want to become pregnant, are pregnant, or are breastfeeding?

Yes. Growing evidence confirms that people who are pregnant or were recently pregnant are at higher risk for severe illness if they get COVID-19. There is no evidence that vaccination against COVID-19 leads to complications during [pregnancy](#).

And, there is no evidence that any vaccines, including COVID-19 vaccines, cause [fertility](#) problems in women or men.

CDC recommends COVID-19 vaccination as soon as possible for all people who are pregnant, want to become pregnant, or are breastfeeding.

COVID-19 can be a dangerous disease during pregnancy and increases the risk of severe illness in pregnant moms and preterm birth for the baby. It might increase risks for other problems during pregnancy.

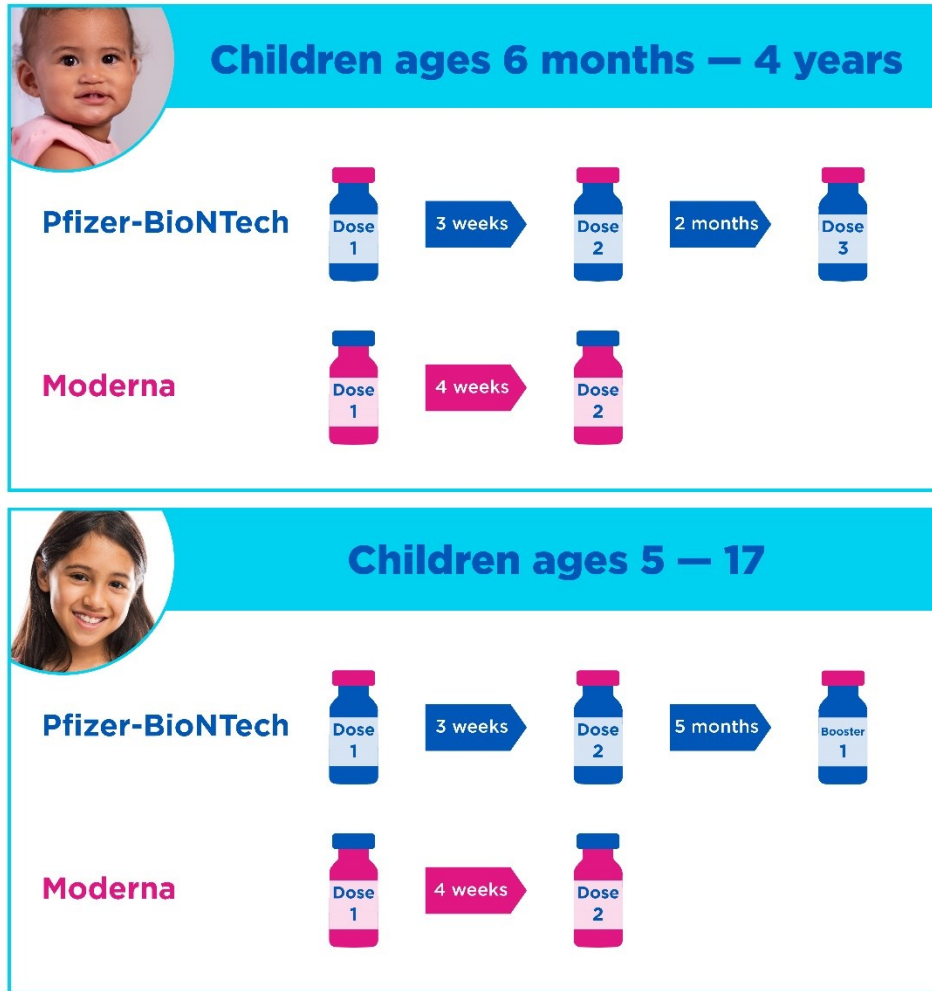
Getting a COVID-19 vaccine can protect you against severe illness from COVID-19 and help keep your baby safe.

PREPARING FOR VACCINATION

How many vaccine doses does my child need?

The number of doses your child needs to stay up to date with their vaccines and get the best protection against COVID depends on their age and which vaccine they get.

Image



Males ages 12–39 may benefit from waiting longer between the 1st and 2nd vaccine doses. Talk to your health care or vaccine provider.

People, including children, with [compromised immune systems](#) are less able to fight infections and may need more than these recommended doses.

PREPARING FOR VACCINATION (continued)

What are common side effects from COVID-19 vaccines?

Children who've gotten a COVID-19 vaccine have the same common side effects as adults.

Common side effects include:

- Pain, redness, or swelling where you got your shot
- Headache
- Chills
- Nausea
- Tiredness
- Muscle pain
- Fever

These side effects are normal and typically last for a couple days after vaccination.

They are signs that the vaccine is working and that your child's body is building protection against the virus.

If my child has had COVID, do they need to get vaccinated?

Yes. You should get your child vaccinated against COVID-19 even if they've already had COVID-19.

Having had COVID-19 doesn't necessarily protect someone against getting infected again.

In fact, a recent [study](#) found that unvaccinated individuals are more than twice as likely to be reinfected with COVID-19 than those who had COVID-19 and then got vaccinated.

How can I prepare my child for their COVID-19 vaccine shots?

Getting a shot can be scary for kids. Here are some [tips to comfort your child](#) before, during, and after their shot.

Before:

- Talk to them honestly about what to expect:
- Shots sometimes pinch or sting a little bit, but only for a short time.
- If you take a deep breath, you can blow out the sting before you can count to five.
- We all need vaccines to keep us safe from germs that might make us sick.
- DON'T give your child pain relievers before vaccination.

During:

- Comfort—don't scold—your child if they cry and avoid using shots as a threat.
- Let your child bring a favorite toy or blanket to hug during the injection.
- You can distract them with a story, video, or conversation.
- Ask the vaccine provider if they have a numbing ointment or spray to apply before the shot.
- Use comforting positions, such as holding your child on your lap. Avoid laying your child down flat. And never pin down your child for medical procedures.

After:

- Hug and praise your child.
- Tell them their body is already making germ fighters to keep them safe and healthy.
- A reward like a sweet treat or sticker can be motivating.
- To help reduce pain and swelling, you can apply a cool, damp cloth on the arm where your child got their shot.
- Ask your child's health care provider if it's OK for them to take their normal pain reliever if they have side effects, such as headache or fever. Most side effects go away on their own within a few days.
- Sign your child up for [v-safe](#), a free and confidential smartphone-based tool you can use to report any side effects your child may have after getting a COVID-19 vaccine.



SETA Head Start

Food Service Operations Monthly Report

June, 2022

6/2/22 - Nedra closed due to staffing issues.
 Florin closed due to staffing issues.
 Capital City EHS closed due to staffing issues.

6/3/22 - Hillsdale EHS closed due to staffing issues.

6/6/22 - American Legion closed due to staffing issues.
 CP Huntington Preschool closed due to staffing issues.

6/9/22 - Grizzly Hollow had a field trip to Galt Community Park. Meals were provided for 2 classes. (40 count)
 Last day of school for traditional classes.

6/10/22 - American Legion closed due to staffing issues.

6/13/22 - Hopkins Park EHS class closed due to staffing issues.
 Bret Harte closed due to staffing issues.

6/15/22 - Last day of school for WCIC's classes.

6/16/22 - Norma Johnson AM class closed due to staffing issues.
 Bannon Creek PM class closed due to staffing issues.

6/22/22 - CP Huntington EHS class closed due to ant invasion.

6/24/22 - Norma Johnson PM class closed due to staffing issues.
 Home Base had an event Family Day, meals were provided for 100 count.

6/30/22 - Job Corps closed due to plumbing issues.
 North Ave PM class closed due to staffing issues.

	Lunch	PM Snack	Breakfast	Field Trips
	34,855	27,901	27,901	2
Total Amount of Meals and Snacks Prepared				90,797

Purchases:

Food	\$122,558.60
Non - Food	\$22,076.37

Building Maintenance and Repair:	\$0.00
Janitorial & Restroom Supplies:	\$0.00
Kitchen Small Wares and Equipment:	\$0.00
Vehicle Maintenance and Repair :	\$744.69
Vehicle Gas / Fuel:	\$2,268.82
Normal Delivery Days	22

SPECIAL EDUCATION REPORT

Sacramento County Head Start/Early Head Start

June 2022

The Special Education Report shows the percentage of enrolled preschool aged children with a diagnosed disability receiving services through an Individualized Education Plan (IEP). For Early Head Start, the Special Education Report shows the number of children ages 0-3 who are receiving early intervention services through an Individualized Family Services Plan (IFSP).

Head Start Program Performance Standards Reference: 1302.14 (b)(1) states *a program must ensure at least 10 percent of its total funded enrollment is filled by children eligible for services under IDEA, unless the responsible HHS official grants a waiver.*

Agency	AFE (HS)	Total IEPs	% of AFE	AFE (EHS)	Total IFSPs	% AFE
SETA operated	1756	192	11%	589	146	25%
Twin Rivers USD	140	47	34%	40	9	23%
Elk Grove USD	440	57	13%			
Sac City USD	736	51	7%			
San Juan USD	1052	130	12%	160	22	14%
WCIC	120	9	8%			
EHS CCP				80	17	21%
COUNTY TOTAL	4244	486	11%	869	194	22%

AFE: Annual Funded Enrollment

SETA HEAD START/EARLY HEAD START

End of Month Enrollment Report

June 2022

HS Center Name (*) CCTR/CSPP Funded	Funded Enrollment	Actual Enrollment	Drop within last 30 days	Total Reported	(a) % Actual to Funded Enrollment
*16th Avenue	40	40	1	41	103%
*Bret Harte	20	19	1	20	100%
*Capital City	20	20	0	20	100%
*CP Huntington	20	20	0	20	100%
*Crossroads Garden	80	80	0	80	100%
*Elkhorn	100	96	7	103	103%
*Freedom Park	80	68	12	80	100%
*Freeport	20	19	2	21	105%
*Hillsdale	80	81	1	82	103%
*Hopkins Park	40	40	3	43	108%
*Job Corps	20	19	1	20	100%
*Marina Vista	60	59	1	60	100%
*Mather	100	95	4	99	99%
*Norma Johnson	60	58	3	61	102%
*North Avenue	80	73	6	79	99%
*Northview (closed)	0	N/A	N/A	N/A	N/A
*Phoenix Park	60	60	2	62	103%
*Sharon Neese Center	60	56	8	64	107%
Alder Grove	20	13	4	17	85%
Bannon Creek	80	76	1	77	96%
Bright Beginnings	40	18	10	28	70%
Dudley (d)	N/A	N/A	N/A	N/A	N/A
Florin (b)	60	20	0	20	33%
Franklin	20	11	7	18	90%
Fruitridge	40	19	12	31	78%
Galt	80	80	6	86	108%
Grizzly Hollow	40	17	23	40	100%
Home Base (c)	143	113	0	113	79%
Illa Collin	20	9	3	12	60%
Kennedy Estates	20	12	8	20	100%
LaVerne Stewart	20	17	0	17	85%
Nedra Court	40	25	7	32	80%
Parker	13	15	2	17	131%
Solid Foundation	40	8	18	26	65%
Strizek Park (b)	40	18	0	18	45%
Spinelli (b)	20	N/A	N/A	N/A	N/A
Walnut Grove (d)	N/A	N/A	N/A	N/A	N/A
Total	1676	1374	153	1527	91%

(a) Reason and action plan provide when enrollment below 85%

(b) Site with capped classrooms due to staffing- totaling 88 enrollment slots

(c) Funded enrollment total may contain overage

(d) Scheduled Site Closure-Traditional

SETA HEAD START/EARLY HEAD START

End of Month Enrollment Report

June 2022

EHS Center Name (*) CCTR/CSPP Funded	Funded Enrollment	Actual Enrollment	Drop within last 30 days	Total Reported	(a) % Actual to Funded Enrollment
*16th Avenue (b)	26	15	2	17	65%
*Alder Grove I/T	16	12	2	14	88%
*American Legion	16	7	0	7	44%
*Bret Harte	8	8	0	8	100%
*Captial City	16	15	2	17	106%
*CP Huntington	8	8	0	8	100%
*Crossroads Garden	15	15	1	16	107%
*Elkhorn	16	16	1	17	106%
*Freedom Park	16	14	3	17	106%
*Hillsdale	8	8	0	8	100%
*Hiram Johnson	32	28	3	31	97%
*Hopkins Park	6	6	0	6	100%
*Job Corps	24	23	1	24	100%
*Marina Vista	8	5	1	6	75%
*Mather	15	14	3	17	113%
*Norma Johnson	8	8	0	8	100%
*North Avenue	8	8	0	8	100%
*Northview (closed)	N/A	N/A	N/A	N/A	N/A
*Phoenix Park	8	8	0	8	100%
*Sharon Neese Center	24	20	8	28	117%
EHS Home Base (c)	202	170	7	177	88%
Galt	16	16	2	18	113%
Grizzly Hollow	8	8	0	8	100%
River Oak - Home Base	72	47	9	56	78%
SCOE - Home Base	77	53	1	54	70%
Total	653	532	46	578	89%

Head Start/Early Head Start Reasons/Observations for under enrollment:

Classroom(s) capped due to limited staffing at the following sites: 16th Ave; Florin; Spinelli; Strizek - totaling 88 enrollment slots.

In addition to the current staff shortage, there has been resignation(s) in the following positions that support classroom ratio and/or enrollment: HS Teacher (2); Assisiat Teacher II (1); Assosiate Teacher IT (1); Child Care Teacher Assisitant (1); Family Services Worker (1); Home Visitor (1).

Strategies/Action Plan:

Attended the following community events to increases awareness of Head Start services: Tahoe Park Annual Food Truck Event and Juneteenth Festival.

In process of revising verbiage to On-Line Inquiry to simplify steps of enrollment process for families, and updating eligibility to include families receiving SNAP/CalFresh as another form of categorically eligibility for Head Start services.

From recruitment efforts through employment postings/virtual recruitment, job announcements on SETA Career webpage, the following positions onboarded: Home Visitor (1); Associate Teacher (2).

(a) Reason and action plan provide when enrollment below 85%

(b) Site with capped classrooms due to staffing- totaling 88 enrollment slots

(c) Funded enrollment total may contain overage

(d) Scheduled Site Closure -Traditional

ITEM VII – CENTER UPDATES

BACKGROUND:

This agenda item allows Parent Advisory Committee Representatives the opportunity to discuss events going on at their center.

NOTES:

ITEM VIII – DISCUSSION

BACKGROUND:

This agenda item allows Parent Advisory Committee Representatives the opportunity to discuss items not on the agenda.

NOTES:

ITEM IX – PUBLIC PARTICIPATION

BACKGROUND:

Participation of the general public at the SETA-Operated Program Parent Advisory Committee meeting is encouraged. Members of the audience are asked to address their request to the Chair if they wish to speak.

NOTES: