

Early Learning Centers Serving More Than 6,000 Sacramento Children & Families Annually

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KATHY KOSSICK Executive Director

> DENISE LEE Deputy Director

925 Del Paso Blvd., Suite 100 Sacramento, CA 95815

> Phone: (916) 263-3804 Fax: (916) 263-3779

Website: http://www.headstart.seta.net

Thought of the Day: "A single act of kindness Throws out roots in all directions."

~~ Amelia Earhart

REGULAR MEETING OF THE HEAD START/EARLY HEAD START PARENT ADVISORY COMMITTEE

DATE: Tuesday, December 19, 2017

TIME: 9:00 a.m.

LOCATION:

SETA Board Room 925 Del Paso Blvd., Suite 100 Sacramento, CA 95815

While the SETA/Head Start Policy Council welcomes and encourages participation in the Council meetings, it would be appreciated if you would limit your comments to three minutes so that everyone may be heard. Matters under jurisdiction of the SETA/Head Start Policy Council and not on the posted agenda or any off-agenda matters may be addressed by the general public following completion of the regular agenda. The SETA/Head Start Policy Council limits testimony on matters not on the agenda to three minutes per person and not more than ten minutes for a particular subject. Meeting facilities are accessible to persons with disabilities. Requests for Assisted Listening Devices or other considerations should be made through the Clerk's office at (916) 263-3827. This document and other Board meeting information may be accessed through the Internet by accessing the SETA home page: www.seta.net.

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X. <u>Adjournment</u>

DISTRIBUTION DATE: WEDNESDAY, DECEMBER 13, 2017

Parent Advisory Committee meeting hosted by: Terri McMillin (Chair)

ITEM I - A - ROLL CALL

The Parent Advisory Committee Secretary will call the roll for the following members:

- ____ Vacant, Alder Grove I Head Start
- ____ Vacant, Alder Grove II Head Start
- ____ Vacant, Auberry Park Head Start
- ____ Iysha Huel, Bannon Creek Head Start
- ____ Linda Yang, Crossroad Gardens Head Start
- ____ Vacant, Early Head Start (Home Base)
- Yezenia Lopez, Elkhorn Head Start
- ____ Vacant, Freedom Park Head Start
- ____ Vacant, Fruitridge Head Start
- Jasmine Robinson, Galt Head Start
- ____ Vacant, Grizzly Hollow
- ____ Vacant, Hillsdale Head Start
- ____ Vacant, Home Based Head Start
- ____ Vacant, Home Base Early Head Start
- ____ Angela Moore, Hopkins Park Head Start
- ____ Vacant, Illa Collin Head Start
- ____ Vacant, Job Corps Head Start
- ____ Vacant, Kennedy Estates Head Start
- ____ Henrietta Gutierrez, LaVerne Stewart Head Start
- ____ Marley Schurr, (Marie Cleveland's) Bright Beginning Head Start
- ____ Vacant, Marina Vista Early Learning Center
- ____ Vacant, Mather Head Start
- ____ Vacant, Nedra Court Head Start
- ____ Cindy Ruiz Lopez, Norma Johnson Head Start
- Griselda Cisneros, North Avenue Head Start
- ____ Rebecca Tyes, Northview Head Start
- _____ Vacant, Parker Head Start
- ____ Vacant, Phoenix Park Head Start
- ____ Vacant, River Oak Center for Children
- ____ Belgica Jimenez, Sacramento County Office of Education
- ____ China Rosalez, Sharon Neese Early Learning Center
- Marisol Andrade, Solid Foundation Head Start
- ____ Jessica Sherren, Strizek Park Head Start
- ____ Esmeralda Rios Sanchez, Walnut Grove Head Start
- ____ Angel Chenault, Past Parent Representative
- Penelope Scott, Past Parent Representative
- ____ Vacant, Community Representative
- ____ Vacant, Men's Activities Affecting Children Committee Representative
- ____ Terri McMillin, Outgoing Chair

ITEM I-A - ROLL CALL (Continued)

Program Year 2017-2018 - New Representatives to be seated

| Devon McCracken, Pre-School (Home Base) | Jennifer Shields, Pre-School (Home Base) |
|---|---|
| Belgica Jimenez, SCOE Head Start | Dara Battista, Grandparent Representative |
| | |
| | |
| | |
| Vacant, Alder Grove I Head Start | Vacant, Kennedy Estates Head Start |
| Vacant, Alder Grove II Head Start | Vacant, Marina Vista Early Learning Center |
| Vacant, Auberry Park Head Start | Vacant, Mather Head Start |
| Vacant, Freedom Park Head Start | Vacant, Nedra Court Head Start |
| Vacant, Crossroad Gardens Head Start | Vacant, Parker Head Start |
| Vacant, Fruitridge Head Start | Vacant, Phoenix Park Head Start |
| Vacant, Grizzly Hollow Head Start | Vacant, River Oak Center for Children |
| Vacant, Hillsdale Head Start | Vacant, Early Head Start (Home Base) |
| Vacant, Illa Collin Head Start | Vacant, Men's Activities Affecting Children Committee Representative |
| | |
| | |
| | |

ITEM I – B

PAC MEETING ATTENDANCE UPDATE

The PAC was seated on November 21, 2017 and December 19, 2017 PARENT ADVISORY COMMITTEE MEETING ATTENDANCE PROGRAM YEAR 2017-2018

| COMMITTEE MEMBER | CENTER | 11/21 | 12/19 | 1/16 | 2/20 ** | 3/20 | 4/24 | 5/15 | 6/19 | 7/17 | 8/21 | 9/18 | 10/16 | 11/20 |
|-------------------------------------|--------|-------|-------|------|------------|------|------|------|------|------|------|------|-------|-------|
| Vacant Seated | AG I | | | | | | | | | | | | | |
| Vacant Seated | AG II | | | | | | | | | | | | | |
| Vacant Seated | AP | | | | | | | | | | | | | |
| lysha Huel Seated 11/21 | BC | Х | | | | | | | | | | | | |
| Linda Yang Seated 11/21 | CR | | | | | | | | | | | | | |
| Vacant Seated | EHS/HB | | | | | | | | | | | | | |
| Yezenia Lopez Seated 11/21 | EL | Х | | | | | | | | | | | | |
| Vacant Seated | FP | | | | | | | | | | | | | |
| Vacant Seated | FP | | | | | | | | | | | | | |
| Vacant Seated | FT | | | | | | | | | | | | | |
| Jasmine Robinson Seated 11/21 | G | Х | | | | | | | | | | | | |
| Vacant Seated | GH | | | | | | | | | | | | | |
| Vacant Seated | н | | | | | | | | | | | | | |
| Devon McCracken Seated | НВ | | | | | | | | | | | | | |
| Jennifer Shields Seated | HB | | | | | | | | | | | | | |
| Vacant Seated | IC | | | | | | | | | | | | | |
| Angela Moore Seated 11/21 | HP | Х | | | | | | | | | | | | |
| Vacant Seated | JC | | | | | | | | | | | | | |
| Vacant Seated | JC | | | | | | | | | | | | | |
| Vacant Seated | к | | | | | | | | | | | | | |
| Henrietta Gutierrez Seated 11/21 | LVS | Х | | | | | | | | | | | | |
| Marley Schurr Seated 11/21 | MCBB | Х | | | | | | | | | | | | |
| Vacant Seated | MV | | | | | | | | | | | | | |
| Vacant Seated | M | | | | | | | | | | | | | |
| Griselda Cisneros Seated | NA | | | | | | | | | | | | | |
| Vacant Seated | NC | | | | | | | | | | | | | |
| Cindy Ruiz Lopez Seated 11/21 | IJ | Х | | | | | | | | | | | | |
| Rebecca Tyes Seated 11/21 | NV | Х | | | | | | | | | | | | |
| Vacant Seated | PA | | | | | | | | | | | | | |
| Vacant Seated | PP | | | | | | | | | | | | | |

| COMMITTEE MEMBER | CENTER | 11/21 | 12/19 | 1/16 | 2/20 ** | 3/20 | 4/24 | 5/15 | 6/19 | 7/17 | 8/21 | 9/18 | 10/16 | 11/20 |
|--|--------|-------|-------|------|------------|------|------|------|------|------|------|------|-------|-------|
| Vacant Seated | RO | | | | | | | | | | | | | |
| Belgica Jimenez Seated | SCOE | | | | | | | | | | | | | |
| Marisol Andrade Seated 11/21 | SF | Х | | | | | | | | | | | | |
| China Rosalez Seated 11/21 | SN | Х | | | | | | | | | | | | |
| Jessica Sherren Seated 11/21 | SP | Х | | | | | | | | | | | | |
| Esmeralda Rios Sanchez Seated 11/21 | WG | Х | | | | | | | | | | | | |
| Vacant Seated | FPR | | | | | | | | | | | | | |
| Vacant Seated | MAACC | | | | | | | | | | | | | |
| Angel Chenault Seated 11/21 | CR/PP | Х | | | | | | | | | | | | |
| Penelope Scott Seated 11/21 | CR/PP | Х | | | | | | | | | | | | |
| Dara Battista s/b/seated 11/21 | CR/GP | U | | | | | | | | | | | | |
| Terri McMillin Seated 11/21 | OGC | Х | | | | | | | | | | | | |

Members: If you cannot attend a meeting and are going to be absent, you must:

- 1. First, call your Alternate(s) to see if they can attend in your place;
- 2. Second, call Head Start Social Services/Parent Involvement Coordinator, Ms. Marie Desha, at 263-4082; and
- 3. Third, please call the PAC Chair, Ms. Terri McMillin, at 646-6707 or 747-6224, or the Clerk of the Boards, Ms. Nancy Hogan, at 263-3827.
- ** Ethics training with Policy Council
- # Special meeting

PARENT ADVISORY COMMITTEE - MEETING ATTENDANCE UPDATE PROGRAM YEAR 2017-2018

(Continued)

Head Start Center Abbreviations

| AG I | Alder Grove Early Learning Ctr. | K : | Kennedy Estates |
|--------|---------------------------------|------------|---------------------------------------|
| AG II: | Alder Grove Infant/Toddler | LVS: | LaVerne Stewart |
| AP: | Auberry Park | MV | Marina Vista Early Learning Center |
| BC: | Bannon Creek | M: | Mather |
| BB: | Bright Beginnings | MCBB | Marie Cleveland's Bright Beginnings |
| CR: | Crossroad Gardens | NJ: | Norma Johnson |
| EHS: | Early Head Start | NA: | North Avenue |
| EL: | Elkhorn | NC: | Nedra Court |
| FP: | Freedom Park | NA | North Avenue |
| FT: | Fruitridge | NV: | Northview |
| G: | Galt | PA: | Parker Avenue |
| GH: | Grizzly Hollow | PP: | Phoenix Park |
| H: | Hillsdale | RO: | River Oak |
| HB: | Home Based | SCOE: | Sacramento County Office of Education |
| HP: | Hopkins Park | SF: | Solid Foundation |
| IC: | Illa Collin | SN: | Sharon Neese |
| JC: | Job Corps | SP: | Strizek Park |
| | | WG: | Walnut Grove |

Representative Abbreviations

| MAACCC: | Men's Activities Affecting Children Committee |
|---------|---|
| OGC: | Out Going Chair |
| CR/PP: | Community Representative/Past Parent |
| CR/GP: | Community Representative/Grandparent |

Attendance Record Abbreviations

- X: Present
- E: Excused
- **AP:** Alternate Present
- AE: Alternate Excused
- U: Unexcused
- PAC: Parent Advisory Committee
- PC: PAC Board Business
- R: Resigned
- **S/B:** Should be, or should have been (seated)
- **CD:** Child Dropped.

Current a/o: 12/12/2017 9:16 AM

ITEM II-A – CONSENT

APPROVAL OF MINUTES OF THE NOVEMBER 21, 2017 REGULAR MEETING

BACKGROUND:

This agenda item provides an opportunity for the Parent Advisory Committee to review and approve the minutes of the November 21, 2017 PAC meeting.

RECOMMENDATION:

Approve the minutes of the November 21, 2017 PAC meeting.

NOTES:

| ACTION: Moved: | Second: |
|----------------|---------|
| | |

 VOTE: Aye
 Nay:
 Abstain:

REGULAR MEETING OF THE HEAD START PARENT ADVISORY COMMITTEE

(Minutes reflect the actual progress of the meeting.)

SETA Board Room 925 Del Paso Blvd. Sacramento, CA 95815 Tuesday, November 21, 2017 9:00 a.m.

I. Call to Order/Roll Call/Review of Board Member Attendance

Ms. Terri McMillin called the PAC meeting to order at 9:03 a.m. and read the thought of the day. The Pledge of Allegiance was recited. Ms. Angel Chenault called the roll and seated new members; a quorum was not established.

Members Present:

Members Absent:

Belgica Jimenez (unexcused)

- Angel Chenault Terri McMillin Penelope Scott Griselda O'Cisneros Jessica Sherren Yesenia Rodriguez Kenneth Tate
- II. <u>Consent Item</u> (2016-2017 Parent Advisory Committee)
- A. Approval of the Minutes of the October 17, 2017 Regular Meeting

The minutes were reviewed; no questions or corrections.

Moved/Tate, second/Chenault, to approve the October 17, 2017 minutes. Show of hands vote: Aye: 6 (Chenault, O'Cisneros, Rodriguez, Scott, Sherren, Tate) Nay: 0 Abstentions: 1 (McMillin) Absent: 1 (Jimenez)

III. Information Item

- A. Standing Information
- Parent/Staff Recognition:
 - ✓ PAC Meeting Perfect Attendance Recognition: Ms. Jessica Sherren was presented with a certificate and present from the End-of-Year Parent Appreciation Brunch.

A Certificate of Appreciation was given to Ms. Yesenia Rodriguez.

Ms. Penelope Scott was presented with a certificate in recognition of her Perfect Attendance.

Ms. Angel Chenault.was also presented with a certificate for Perfect Attendance. Ms. O'Cisneros presented Ms. McMillin with a certificate of perfect attendance.

III. Information Items (continued)

- Toastmasters Training Ms. McMillin stated that Toastmasters Training will begin in March, 2018 and go through June. This training is helpful and a safe place to learn how to speak in public. Mr. Tate stated that the training provides you with knowledge of how to do better in interviews; he urged everyone to participate in this training. Ms. Scott urged shy people to attend this training; she guarantees that those attending the training will learn and feel confident in their ability to speak in public.
- Committee Reports:
 - Executive Committee: Ms. Chenault reviewed the Executive Committee critique.
 - Budget/Planning Committee: Mr. Tate reported on the November 14 Budget/Planning Committee meeting. The new Hopkins modular is on schedule. LaVerne Stewart still awaiting Fire Marshall sign off. It is expected that Crossroad Gardens will have an updated facility and one new classroom in February.
 - Parent Ambassador/MAACC: Mr. Tate stated that the MAACC is in transition and this committee is still a work in process
 - Social/Hospitality Committee: Ms. McMillin reported the last meeting attendees reviewed the county-wide parent activities.
 - Health Services Advisory Committee: Ms. Scott stated that there was a meet and greet with a number of public agencies. They strategized how to get better services for children. Ms. Chenault stated that the meet and greet was very informative. She was surprised how many resources are available. She will be providing the information she learned to her childrens' new school. It was very informative and Ms. Chenault urged all board members to attend.
- Seating of New Parent Advisory Committee Representatives (2017-2018): Board Members stepping down: Ms. Sherren, Ms. Chenault. Ms. O'Cisneros is holding. Mr. Tate will be assuming outgoing chair position and Ms. Rodriguez will be leaving the board.

Ms. McMillin called new board members to be seated.

Iysha Huel, Bannon Creek Head Start Linda Yang, Crossroad Gardens Head Start Yezenia Lopez, Elkhorn Head Start Jasmine Robinson, Galt Head Start Angela Moore, Hopkins Park Head Start Henrietta Gutierrez, Laverne Stewart Head Start Marley Schurr, Marie Cleveland's Bright Beginnings Cindy Ruiz Lopez, Norma Johnson Head Start China Rosalez, Sharon Neese Head Start Marisol Andrade, Solid Foundation Head Start Jessica Sherren, Strizek Park Head Start Esmeralda Rios Sanchez, Walnut Grove Head Start Angel Chenault, Community Representative Penelope Scott, Community Representative Terri McMillin, Outgoing Chair Rebecca Tyes, Northview Head Start (seated at 10:45 a.m.)

Board member to be seated but not present:

Dara Battista, Grandparent Representative (unexcused)

- Introduction of PAC Representatives (2017-2018): New PAC members introduced themselves.
- Introduction of SETA Head Start Staff: Head Start staff came to the podium and introduced themselves.
- How to Make and Present Motions Ms. McMillin reviewed the process by which motions are made.
- Board Procedures
 - Personnel Ms. Allison Noren stated that participation in the staff recruitment process is very important. A sign-up sheet was distributed for board members interested in assisting in the personnel procedure.
- Fiscal Report/Corporate Card Monthly Statement of Account Ms. Denise Lee reviewed the fiscal report. These reports provide an overview of how the Head Start funds are budgeted and spent. The Child Care Partnership program is a five-year project where SETA partnered with community partners that provide child care. SETA offers health/dental, and other services that are not typically provided at private preschool centers. Eighty children are served in the project. The credit card expenditure reports are required to be provided to all board members. Credit card points are urged and used to purchase things that are not generally allowed with federal dollars.
- Board Procedures (continued)
 - ✓ Reimbursements and Budget/Planning Ms. Lee reviewed the PC/PAC reimbursement policy. Board members are reimbursed for mileage and child care for attendance at meetings. Conference expenses are paid to board members chosen to attend. Ms. Robinson asked if there were a way to find services in the community through fundraising and Ms. Lee stated that Head Start does not do fundraising. Head Start is required to match twenty-five cents on the dollar in the form of volunteer time or donations. We have a lot of partnerships in the community to provide services to Head Start families. Ms. Lee stated that the Budget/Planning Committee provides a way for parent input on how funding is distributed.
 - Conflict of Interest Ms. Nancy Hogan provided information on SETA's Conflict of Interest policy.
- Officer Elections will be held on December 19, 2017: Ms. McMillin urged board members to consider running for election.

IV. <u>Action Item</u> (2017-2018 Parent Advisory Committee)

A. Election of SETA-Operated Representatives and Alternates to the Policy Council

Ms. O'Cisneros stated that since she is holding her seat, she cannot run. However, it is a great opportunity for parents to meet delegate partners.

Those interested in serving on the Policy Council:

Henrietta Gutierrez Cindy Ruiz Lopez Jessica Sherren: withdrew and would prefer alternate. China Rosalez Jasmine Robinson Marisol Andrade Yezenia Lopez

Parents spoke of their interest in serving on the Policy Council.

Moved/O'Cisneros, second/Scott, to ratify the election of Policy Council representatives: Henrietta Gutierrez, Cindy Ruiz Lopez, China Rosalez, Jasmine Robinson, Marisol Andrade, Yezenia Lopez. In addition, ratify the election of Policy Council alternate Jessica Sherren. Show of hands vote: Aye: 15 (Andrade, Chenault, Gutierrez, Huel, Lopez, Moore, O'Cisneros, Robinson, Rios Sanchez, Rosalez, Ruiz Lopez, Schurr, Scott, Sherren, Yang) Nay: 0 Abstentions: 1 (McMillin) Absent: 3 (Battista, Jimenez, Tyes)

III. Information Items (continued)

- A. Standing Information (continued)
- > PC/PAC Calendar of Events Ms. Chenault reviewed the calendar of events.

Ms. Rebecca Tyes was seated at 10:45 a.m.

Community Resources – Ms. Belinda Malone stated that one responsibility of the PAC Board representative is to distribute information received at meetings to the members of their site. Ms. Malone distributed information including a preapprenticeship orientation, December 5 1-3, there will be job placement. The Sacramento Food Bank is distributing free gifts for 100 children. The children must be present and dinner will be provided. Sacramento Food Bank also offers a Youth Education Program providing academic assistance for grades 1-6. Participants are required to attend an orientation and provide a copy of the child's report card.

- > Child Care Center Food Menu: No questions.
- B. Head Start Policy Council Minutes: September 26, 2017: No questions.

VI. <u>Other Reports</u>

- Chair's Report: Ms. Terri McMillin spoke of the various subcommittees and urged all board members to consider participating on the committees.
- Head Start Deputy Director's Monthly Report: Ms. Lee urged board members to check with their tax preparer regarding the threshold of reimbursements on individual taxes. If there are flyers that are in English, have the FSW send it to staff and it can be translated.

VII. <u>Center Updates</u>

Ms. Sherren reported that Strizek Park is getting a new park.

VIII. Discussion

Ms. Robinson asked where the information on full day or part day classes are offered. Ms. Lee shared that the Family Services Workers have the information.

IX. <u>Public Participation</u>

Ms. Yesenia Rodriguez reported that she recently went to her daughter's school and got information on how good her daughter's assessment was. Ms. Rodriguez stated that her daughter's outstanding assessment was due to Head Start.

Ms. McMillin asked all board members to fill out information on updates, PAC/PC meet and greet breakfast, and personnel sign ups.

Ms. Rodriguez acknowledged Ms. Afiya and Ms. Kim from Elkhorn and stated that they have been awesome this is another example of what your site should be doing.

X. <u>Adjournment</u>: The meeting was adjourned at 11:08 a.m.

ITEM III-A – ACTION

ELECTION OF PARENT ADVISORY COMMITTEE OFFICERS 2017-2018

BACKGROUND:

This agenda item provides an opportunity for the Parent Advisory Committee (PAC) to elect officers for Program Year 2017-2018. The duties of PAC officers shall be as prescribed in the Bylaws and shall also include such other duties as may be established by the PAC that are not in conflict with these Bylaws, Article V – Officers, Section 2B: All PAC members are eligible to run for an Office/Officer position except members holding a seat. The Executive Committee must have at least three members who are parents of child/children currently enrolled in the HS/EHS Center-Based or Home-Based Option.

SECTION 3: Duties of Officers

The duties of PAC officers shall be as prescribed in these Bylaws and shall include such other duties as may be established by the PAC that are not in conflict with these Bylaws.

- A. The Chair of the PAC shall preside over all meetings of the PAC and implement all policies and programs of the PAC. The Chair shall act as the official agent of the PAC in all matters relating to the PAC, and shall be the chief spokesperson and public relations officer for the PAC. The Chair shall have the power to appoint, both in and out of the PAC, any additional positions as needed with ratification of the PAC. The Chair shall represent the PAC at the National Head Start Parent Association Conference. The Chair shall be an ex-officio member of all committees and shall represent the PAC at all Governing Board meetings, but shall adhere to the provisions of Article IV, Meetings; Section 3, as it relates to reimbursement.
- B. The Vice Chair shall serve as Chair of the PAC in the absence of the Chair, and shall have all delegated powers. The Vice Chair will assume position of Chair if seat of Chair is vacated. An election will be held for Vice Chair. Should both the Chair and Vice Chair leave office simultaneously, an election will be held at the next regularly scheduled meeting to replace both. The Secretary shall preside over the election in this event. The Vice Chair shall oversee the Parent Ambassador Committee.
- C. The Secretary shall call the roll, keep a record of the current and preceding minutes at each meeting, and record resolutions or motions adapted, as may be necessary to expedite the PAC's business. The Secretary shall oversee the Social/Hospitality Committee, and shall be a member of the Parent Ambassador Committee.

- D. The Treasurer shall work with staff and the PAC Secretary and keep such records, files and accounts as may be necessary to expedite PAC's business. The Treasurer shall be a member of the Social/Hospitality Committee, and the Parent Ambassador Committee.
- E. The Parliamentarian shall advise the presiding officer on matters pertaining to Parliamentary procedure and oversee the Personnel/Bylaws Committee. If the Parliamentarian sits by the Chair, he or she is not entitled to make motions, discuss motions, or vote.

RECOMMENDATION:

That the Parent Advisory Committee elect a Chair, Vice Chair, Secretary, Treasurer, and Parliamentarian.

| Chair: | | Vice Chair: | |
|------------------|------|-------------|--|
| | | | |
| Secretary: | | Treasurer: | |
| | | | |
| Parliamentarian: | | | |
| | | | |
| ACTION: Moved: | | Second: | |
| VOTE: Aye | Nay: | Abstain: | |

ITEM IV-A - INFORMATION

STANDING INFORMATION

BACKGROUND:

- A. Standing Information
- PC/PAC Calendar of Events Ms. Terri McMillin
- Community Resources Mr. Robert Silva
- Child Care Center Food Menu (attached)
- Parent/Staff Recognition Ms. Terri McMillin
- PC/PAC Meet and Greet Reports Ms. Terri McMillin
- Toastmasters Training Ms. Terri McMillin
- PC/PAC Orientation & Officer Training Ms. Terri McMillin
- Fiscal Report/Corporate Card Monthly Statement of Account Ms. D'et Saurbourne (attached)
- Governance Self-Assessment Ms. Terri McMillin

NOTES:

PAC

CALENDAR OF EVENTS

| EVENT | DATE |
|----------------------------------|--|
| PC Executive Committee | Thursday, December 21, 2017 9:00 a.m. – 10:00 a.m. Olympus Room |
| PAC Executive Committee | Thursday, December 21, 2017 10:00 a.m. – 11:00 a.m. Olympus Room |
| PC/PAC Orientation | Friday, January 5, 2018 9:00 a.m. – 1:00 p.m. Registration at 8:30 a.m. Shasta Rooms |
| PC/PAC Budget/Planning Committee | Tuesday, January 8, 2018 1:00 p.m. Oak Room |
| County-wide Officer Training | Friday, January 12, 2018 9:00 a.m. – 12:30 p.m. Registration at 8:30 a.m. Olympus Room |
| PC Governance Self-Assessment | Friday, January 19, 2018 9:30 a.m. – 11:00 a.m. Redwood Room |

J

PAC

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| SETA NEAD STA | ART MENU D | iciembre 2017 | "This institution is an equal opportunity provider" "Bread products are whole grain and sliced meats are processe | | | |
|---|---|------------------------------|--|---------------------------------------|--|--|
| Lunes | Martes | Miércoles | Jueves | Viernes | | |
| | | | | 1 <u>Desayuno Week 1</u> | | |
| | | | | Leche | | |
| | | | | Plátano Fresco | | |
| | | | | Mollete con Arándanos Azules | | |
| | | | | <u>Comida</u> | | |
| | | | | Leche | | |
| | | | | Pan de Trigo Integral | | |
| | | | | Melón | | |
| | | | | Coliflor | | |
| | | | | Ensalada de Atún <u>Bocadillo</u> | | |
| | | | | Leche | | |
| | | | | Cereal Integral Rice Krispies | | |
| | | | | | | |
| 4 Desayuno Week 2 | 5 <u>Desayuno Week 2</u> | 6 Desayuno Week 2 | 7 <u>Desayuno Week 2</u> | 8 <u>Desayuno Week 2</u> | | |
| Leche | Leche Daritar da Dan Francía Tantad | Leche | | Leche | | |
| Manzana Oivelee de Cerrel Multimere | Baritas de Pan Francés Tostad Pera | Avena Piña Machacada | Plátano Fresco | Manzana Mollete con Plátano | | |
| Ojuelas de Cereal Multigrano <u>Comida</u> | <u>Comida</u> | Pina Machacada Pasas | Cereal Crispix <u>Comida</u> | Comida | | |
| Leche | Leche | Comida | Leche | Leche | | |
| Chabacano | Manzana | Leche | Pecho de Res Asado | Pan de Trigo Integral | | |
| Hamburguesa de Res | Pierna de Pollo | Frijoles Refritos | Zanahoria | Brócoli | | |
| Verduras Mixtas | Jitomate Fresco | Ensalada de Col | Naranja | Melón | | |
| Pan de Trigo Integral | Sandía Fresca o | Fresa | Mini Panecillo de Grano Entero | Rebanada de Pavo | | |
| Bocadillo | barra de pan para | Tanjarina o | Bocadillo | Bocadillo | | |
| Barita de Queso | Bocadillo | Tortilla de Trigo Integral | Leche | Quesadilla | | |
| Naranja | Leche | Bocadillo | Pescados Dorados de Galleta | | | |
| | Cereal Integral Rice Krispies | Barita de Queso | | | | |
| | | Durazno | | | | |
| 11 Desayuno Week 3 | 12 Breakfast Week 3 | 13 Breakfast Week 3 | 14 Breakfast Week 3 | 15 Breakfast Week 3 | | |
| Leche | Leche | Leche | Leche | Leche | | |
| Cereal Cheerios | Puré de Manzana | Bizcocho de Trigo Integral | Plátano Fresco | Mollete con Plátano | | |
| Naranja | Baritas de Wafle | Durazno | Bagel de Trigo Integral | Naranja | | |
| <u>Comida</u> | Lunch | Lunch | Lunch | Lunch | | |
| Leche | Leche | Leche | Leche | Leche | | |
| Manzana | Pierna de Pollo | Melón | Zanahoria | Chabacano | | |
| Chícharos | Ensalada de Espinaca | Arroz y Frijoles | Ensalada de Pollo | Queso Suizo | | |
| Macarrón y Queso | Pan de Grano Integral | Jitomate Picado | Fresa | Tortilla de Trigo Integral | | |
| Sandía Fresca o <u>Bocadillo</u> | Naranja <u>Snack</u> | <u>Snack</u> | Tanjarina o Ia ciabatta | Varitas de Calabacita <u>Snack</u> | | |
| Galletas de Trigo Integral | Manzana | Leche Chex de fresa | Snack | Leche | | |
| Pera | Manzana Mantequilla de Semilla de Gira | Chex de llesa | Requesón | Galletas Cheese-It | | |
| i cia | Mantequina de Ochina de Ona | | Piña Machacada | Galicias Oncese-n | | |
| 18 Desayuno Week 4 | 19 Desayuno Week 4 | 20 Desayuno Week 4 | 21 Desayuno Week 4 | 22 Desayuno Week 4 | | |
| Leche | Leche | Leche | Leche | NO CLASES | | |
| Manzana | Piña Machacada | Plátano Fresco | Chabacano | NO CLASES | | |
| Cereal Integral Rice Krispies | Bagel de Trigo Integral | Avena | Baritas de Pan Francés Tostad | NO CLASES | | |
| <u>Comida</u> | Comida | Comida | Comida | Comida | | |
| Leche | Leche | Leche | Leche | NO CLASES | | |
| Hamburguesa de Res | Chabacano | Enchilada de Queso con Salsa | Ensalada de Col | NO CLASES | | |
| Elote | Frijoles Refritos | Ensalada de Lechuga Romana | Mango | NO CLASES | | |
| Naranja | Queso Cheddar | Naranja | Tortilla de Trigo Integral | NO CLASES | | |
| Pan de Trigo Integral | Jitomate Picado | Bocadillo | Rollo de Pavo y Queso | NO CLASES | | |
| Bocadillo | Tortilla de Trigo Integral | Puré de Garbanzo | Bocadillo | Bocadillo | | |
| Galletas Cheese-It | Bocadillo | Varitas de Verduras Melody | Plátano Fresco | NO CLASES | | |
| Durazno | Leche | | Barita de Queso | NO CLASES | | |
| | Cereal Cheerios de Grano Inte | | | | | |

| | START MENU | December 2017 | "Bread products are whole | "Bread products are whole grain and sliced meats are proce | | | |
|-------------------------------------|----------------------------|-----------------------------|--------------------------------|--|--|--|--|
| Monday | Tuesday | Wednesday | Thursday | Friday | | | |
| | | | | 1 Breakfast Week 1 | | | |
| | | | | Milk, Low Fat 1% | | | |
| | | | | Banana, fresh | | | |
| | | | | Muffin, Blueberry | | | |
| | | | | Lunch | | | |
| | | | | Milk, Low Fat 1% | | | |
| | | | | Whole Wheat Bread | | | |
| | | | | Cantaloupe, fresh | | | |
| | | | | Cauliflower, fresh | | | |
| | | | | Tuna Salad | | | |
| | | | | <u>Snack</u> | | | |
| | | | | Milk, Low Fat 1% | | | |
| | | | | Brown Rice Krispies Cereal | | | |
| 4 Breakfast Week 2 | 5 Breakfast Week 2 | 6 Breakfast Week 2 | 7 Breakfast Week 2 | 8 Breakfast Week 2 | | | |
| Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | | | |
| Apple, fresh | French Toast Sticks | Oatmeal Cereal | Banana, fresh | Apple, fresh | | | |
| Multi Grain Flakes Cereal | Pears | Pineapple, tidbits | Crispix Cereal | Muffin, Banana | | | |
| Lunch | Lunch | Raisins | Lunch | Lunch | | | |
| Milk, Low Fat 1% | Milk, Low Fat 1% | Lunch | Milk, Low Fat 1% | Milk, Low Fat 1% | | | |
| Apricots | Apple, fresh | Milk, Low Fat 1% | BBQ Beef Brisket | Whole Wheat Bread | | | |
| BBQ Beef Burger | Chicken Drumsticks | Beans Refried | Carrot, fresh | Broccoli, fresh | | | |
| Mixed Vegetables | Tomato, fresh | Coleslaw Salad | Oranges, fresh | Cantaloupe, fresh | | | |
| Whole Wheat Bun | Watermelon, fresh or | Strawberries, fresh or | Whole Grain Mini Hoagie Roll | Turkey Sliced | | | |
| Snack | Wheat Breadsticks | Tangerine, fresh or | <u>Snack</u> | <u>Snack</u> | | | |
| Cheese Sticks | <u>Snack</u> | Tortilla, Whole Wheat | Milk, Low Fat 1% | Cheese Quesadilla | | | |
| Oranges, fresh | Milk, Low Fat 1% | <u>Snack</u> | Crackers, Goldfish | | | | |
| | Brown Rice Krispies Cereal | Cheese Sticks | | | | | |
| | | Peaches | l | | | | |
| 11 Breakfast Week 3 | 12 Breakfast Week 3 | 13 Breakfast Week 3 | 14 Breakfast Week 3 | 15 Breakfast Week 3 | | | |
| Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | | | |
| Cheerios Cereal | Applesauce | Whole Wheat Biscuit | Banana, fresh | Muffin, Banana | | | |
| Oranges, fresh | Waffles, sticks | Peaches | Whole Wheat Bagel | Oranges, fresh | | | |
| Lunch | Lunch | Lunch | Lunch | Lunch | | | |
| Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | | | |
| Apple, fresh | Chicken Drumsticks | Cantaloupe, fresh | Carrot, fresh | Apricots | | | |
| Green Peas | Spinach Salad | Fiesta Rice & Beans | Chicken Salad | Swiss American Cheese | | | |
| Macaroni & Cheese | Whole Grain Buns | Tomato, diced | Strawberries, fresh or | Tortilla, Whole Wheat | | | |
| Watermelon, fresh or | Oranges, fresh | <u>Snack</u> | Tangerine, fresh or | Zucchini sticks | | | |
| <u>Snack</u> | <u>Snack</u> | Milk, Low Fat 1% | Wheat Ciabatta Bread | <u>Snack</u> | | | |
| Crackers, Wheat Thins | Apple, fresh | Strawberry Chex | <u>Snack</u> | Milk, Low Fat 1% | | | |
| Pears | Sun Butter | | Cottage Cheese | Crackers, Cheese-It | | | |
| | | _ | Pineapple, tidbits | | | | |
| 18 Breakfast Week 4 | 19 Breakfast Week 4 | 20 Breakfast Week 4 | 21 Breakfast Week 4 | 22 Breakfast Week 4 | | | |
| Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | NO CLASSES | | | |
| Apple, fresh | Pineapple, tidbits | Banana, fresh | Apricots | NO CLASSES | | | |
| Brown Rice Krispies Cereal | Whole Wheat Bagel | Oatmeal Cereal | French Toast Sticks | NO CLASSES | | | |
| Lunch | Lunch | Lunch | Lunch | Lunch | | | |
| Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | Milk, Low Fat 1% | NO CLASSES | | | |
| Beef, Hamburger | Apricots | Cheese Enchilada with Sauce | Coleslaw Salad | NO CLASSES | | | |
| Corn | Beans Refried | Romaine Lettuce Salad | Mangoes | NO CLASSES | | | |
| Oranges, fresh | Cheddar Cheese | Oranges, fresh | Tortilla, Whole Wheat | NO CLASSES | | | |
| Whole Wheat Bun | Tomato, diced | Snack | Turkey & Cheese Roll Up | NO CLASSES | | | |
| | Tortilla, Whole Wheat | Hummus | <u>Snack</u> | <u>Snack</u> | | | |
| <u>Snack</u> | ronalia, rinolo rinoat | | | | | | |
| <u>Snack</u> Crackers, Cheese-It | Snack | Vegetable Stick Melody | Banana, fresh Cheese Sticks | NO CLASSES NO CLASSES | | | |

ITEM IV-B - INFORMATION

HEAD START POLICY COUNCIL MINUTES

BACKGROUND:

This agenda item provides an opportunity for the Policy Council to review the attached Governing Board minutes of the October 24, 2017 meeting.

NOTES:

REGULAR MEETING OF THE HEAD START POLICY COUNCIL

(Minutes reflect the actual progress of the meeting.)

SETA Board Room 925 Del Paso Blvd., Suite 100 Sacramento, CA 95815 Tuesday, October 24, 2017 9:00 a.m.

I. Call to Order/Roll Call/Review of Board Member Attendance

Mr. Kenneth Tate called the meeting to order at 9:10 a.m. Ms. Linda Litka was asked to serve as Secretary. The Pledge of Allegiance was recited. Mr. Tate read the thought of the day. Ms. Litka called the roll and a quorum was established.

Members Present:

Elnora Nears, Elk Grove Unified School District Andrea Scharnow, Sacramento City Unified School District Angel Chenault, SETA-Operated Program Terri McMillin, Community Representative Robin Blanks, Community Representative Linda Litka, Community Representative Kenneth Tate, Community Representative Penelope Scott, Community Representative

Members Absent:

Linda Harris, Elk Grove Unified School District (excused) Reginald Castex, WCIC (excused)

II. Consent Item

A. Approval of the Minutes of the September 26, 2017 Regular meeting

Moved/Blanks, second/Scharnow, to approve the September 26, 2017 minutes. Show of hands vote: Aye: 7 (Blanks, Chenault, Litka, McMillin, Nears, Scharnow, Scott) Nay: 0 Abstentions: 1 (Tate) Absent: 2 (Castex & Harris)

IV. Information Items

Parent/Staff Recognitions – Mr. Kenneth Tate

Appreciation certificate for PTA information. Ms. Peggy Parker provided a great workshop for the board members. Ms. Parker was presented with a certificate of appreciation.

Ms. Julie Davis-Jaffe received a certificate in appreciation for coordinating the Hillsdale Career Center tour.

III. Action Items

A. <u>CLOSED SESSION PERSONNEL- PURSUANT TO GOVERNMENT</u> CODE SECTION 54957

The board went into closed session at 9:17 a.m. At 9:26 a.m., Mr. Tate called the meeting back to or Associate Teacher, Associate Teacher/Infant Toddler, Lead Teacher/Infant Toddler, and Family Services Worker III.

B. <u>**TIMED ITEM 9:00 A.M. AND PUBLIC HEARING</u></u>: Approval of Revisions to the Job Specification for Personnel/Human Resources Department Chief</u>**

Mr. Tate opened a public hearing and reviewed the board item.

Ms. Allison Noren stated Workforce Innovation & Opportunity Act (WIOA) funds prohibit discrimination on a wide variety of situations. Part of WIOA was revised to require states that do monitoring require a non-discrimination policy. Each workforce area must designate an Equal Opportunity Officer (EEO) to coordinate efforts. SETA has designated the Personnel/Human Resources Department Chief to be the EEO. Ms. Noren stated that job specification was modified to reflect this. In addition, the job specification was revised to ensure it meets Head Start Performance Standard requirements.

Ms. Lee stated that WIOA is the funding source for the other half of SETA and the Personnel/Human Resources Department Chief position is partially funded by WIOA funds.

Moved/Blanks, second/McMillin, to close the public hearing and approve the revised job specification for Personnel/Human Resources Department Show of hands vote: Aye: 6 (Blanks, Chenault, Litka, McMillin, Nears, Scharnow) Nay: 0 Abstentions: 2 (Scott & Tate) Absent: 2 (Castex & Harris)

C. <u>**TIMED ITEM 9:00 A.M. AND PUBLIC HEARING**</u>: Approval of Revisions to the Salary Schedule for Head Start Parent Intern, Student Intern, Head Start Childcare Teacher Assistant, Bilingual Aide, and Head Start On-Call Cook Driver

Mr. Tate opened a public hearing.

Ms. Allison Noren reviewed this item. New legislation requires the minimum wage increases up to \$15.00 per hour in four years. Five job classifications will be affected.

Mr. Tate inquired why is board item was brought to the board every year. Ms. Lee replied that the current board may not be the board in 2022 so it is nice that the board know the budgetary effect. This may not be the only position that will be affected by the law between now and 2022.

Moved/Chenault, second/Scott, to close the public hearing and approve the new salary schedules for the Head Start Parent Intern, Student Intern, Head Start Childcare Teacher Assistant, Bilingual Aide, and Head Start On-Call Cook Driver. Show of hands vote:

Aye: 7 (Blanks, Chenault, Litka, McMillin, Nears, Scharnow, Scott) Nay: 0 Abstentions: 1 (Tate) Absent: 2 (Castex & Harris)

D. <u>**TIMED ITEM 9:00 A.M. AND PUBLIC HEARING**</u>: Second Reading and Approval of Modifications to the Bylaws of the SETA-Operated Head Start/Early Start Policy Council

Mr. Tate reviewed this item; a public hearing was opened last month.

Mr. Tate reviewed modifications to the PC bylaws. Many of the modifications were required due to updated Performance Standards.

Moved/Scott, second/Blanks, to close the public hearing and approve the amendments to the PC Bylaws as attached. Show of hands vote: Aye: 7 (Blanks, Chenault, Litka, McMillin, Nears, Scharnow, Scott) Nay: 0 Abstentions: 1 (Tate) Absent: 2 (Castex & Harris)

E. Election of Policy Council Community Agency Representatives

Mr. Tate introduced Ms. Beth Hassett, CEO from WEAVE. Ms. Hassett stated that WEAVE is the rape crisis organization for Sacramento. They also work in the sex trafficking areas to provide assistance to the victims. Many of their clients have numerous barriers to their success. WEAVE assists in providing safe housing, child care, and employment to their clients.

Ms. Scott asked if Ms. Hassett would be sitting on the board or someone else. Ms. Scott requested that Ms. Hassett serve as the representative. Ms. Hassett stated she would be happy to serve and occasionally bring her staff in to provide specific training.

Mr. Tate reviewed Ms. Mason Taylor's application. Ms. Taylor was not available to attend the meeting due to work matters. Since there are two applications, Mr. Tate requested a motion approving both WEAVE and Birth and Beyond as Community Agency Representatives.

Moved/Blanks, second/Scott, to approve both WEAVE and North Sacramento Family Resource Center/Birth and Beyond, to serve as Community Agency representatives. Show of hands vote: Aye: 7 (Blanks, Chenault, Litka, McMillin, Nears, Scharnow, Scott) Nay: 0 Abstentions: 1 (Tate) Absent: 2 (Castex & Harris)

Ms. Terri McMillin left the meeting at 10:06 a.m.

IV. Information Items

- A. Standing Information Items
- PC/PAC Calendar of Events Ms. Linda Litka reviewed the calendar of events for the upcoming month.
- Parent, Family & Community Engagement Events & Activities No additional report.
- End-of-Year Parent Appreciation Brunch Reports Mr. Tate stated that the Social/Hospitality Committee did an outstanding job; the events get better every year. Ms. Blanks stated that it was a great event and was grateful that staff attended. Ms. Chenault stated that it was her first event and it was a wonderful, positive environment.
- Parent/Staff Recognitions Mr. Tate stated a certificate of appreciation was provided to Ms. Linda Harris and Mr. Reginald Castex.
- Fiscal Monthly Report/Corporate Card Monthly Statement of Account: Ms. D'et Saurbourne thanked board members for inviting her to the End-of-Year Parent Appreciation event. Ms. Saurbourne provided the fiscal report for the month ending September 30. Since it is so early in the year, the delegate reports are one month behind. The Budget/Planning Committee will meet on November 14 and the final numbers for last fiscal year will be reviewed; Ms. Saurbourne urged all members to consider attending.
- Community Resources Parents/Staff Ms. Belinda Malone reviewed the Sacramento Food Bank hosting free flu shots and dental screens. In addition, the Stanford Settlement is offering a Christmas Basket. Sign-up information is required. Ms. Malone urged board members to take the community information and bring it back to their centers.
- B. Governing Board Minutes of September 7, 2017: No questions.

V. <u>Committee Reports</u>

- Executive Committee Meeting Critique: Ms. Litka reviewed the Executive Committee critique.
- Personnel/Bylaws Committee: Mr. Tate stated the last meeting was last month where members completed the second reading of the bylaws.
- Men's Activities Affecting Children Committee (MAACC)/Parent Ambassador Report: Ms. Blanks reported that a meeting was held earlier in October. Attendees reviewed shirts for Parent Ambassadors. The next meeting will be held on October 27; she urged all board members to consider attending. Ms. Desha stated that more information on the tee shirts will be available at the October 27 meeting.
- Social/Hospitality Committee: Mr. Tate stated that a close-out meeting will be held to go over final details. He extended thanks to the committee members.
- Sacramento Medi-Cal Dental Advisory Committee: Ms. Blanks reviewed the last meeting where the Sacramento County propositions were reviewed. The dental plans are doing well. Liberty Dental has a mobile van to outreach to children. Beginning January 1 MediCal adults will get their dental services back.
- Maternal, Child and Adolescent Health Advisory Board: Ms. Blanks stated that the next meeting will be on November 14. The Chair of the Maternal, Child and Adolescent Health Advisory Board will be resigning as Chair.

VI. Other Reports

- A. Executive Director's Report: No report.
- B. Head Start Deputy Director's Report: Ms. Lee thanked board members for the End-of-Year Parent Appreciation brunch. Staff has been notified that our federal review will be in 2018. One review will be for CLASS which will be classroom observations for teacher-child interactions; we are not sure how many observations will be done. The second is the Focus Area 2 on-site review that reviews all areas. The tool that they sent out is new and very different from previous reviews. This format is more open ended where reviewers interview staff to understand the strengths and local challenges. They will be looking at data, what the data told us, and where we are going as a result of the data. The tool is much smaller and it appears to be more subjective. Staff will receive a 60-day notice of the review dates. We have the option to do the two reviews separately or together; staff chose to have the reviews separately. The review will definitely be done before May, 2018. Ms. Lee is curious as to how the reviewers will determine compliance under this new review format.
- C. Head Start Managers' Reports
 - > Lisa Carr Family Engagement, Home Base, and ERSEA Services: No report.
 - <u>Robyn Caruso</u> Program Support, Quality Assurance, and EHS-CCP services: Ms. Caruso extended thanks for the invitation to the End-of-Year Parent Appreciation Brunch. The Delegate Kickoff was held last week with over 100 staff and management from the SOP, delegate agencies and partner programs in

attendance. It provided an opportunity to kick off the year as one county. One of the Safe Environments consultants presented preliminary results of sounty strengths, areas for improvement and non-compliance. Ms. Caruso will be meeting with the consultants to provide information as we prepare for the federal review. The QA team provided an overview of the new protocol and the process using Child Plus as the vehicle to record all of the data.

- Martha Cisneros Health, Nutrition and Safe Environments Services: Ms. Cisneros thanks the board for the invitation to the End-of-Year Parent Appreciation event. Ms. Blanks was thanked for her participation in the various medical/dental committees on which she serves. Proposition 56 ensures funds go into a pot to serve medically indigent adults. With increased cuts in public services, Proposition 56 is moving to ensure all adults receive care. The health unit is busy working with medically fragile children and ensuring children receive their dental exams. In health, nutrition, and safety, they have data that needs to match the regulations. The Health Services Advisory Committee meet and greet event is being planned and flyers will be sent board members. Ms. Cisneros stated that waivers for those with insurance through the Affordable Care Act (ACA) will be funded by the State of California.
- Karen Griffith School Readiness, Special Education and Mental Health Services: No report.
- D. Chair's Report: Mr. Tate asked for parents to assist in the HR screenings.
- E. Open Discussion and Comments: None.
- F. Public Participation: None.
- VII. <u>Adjournment</u>: The meeting was adjourned at 10:56 a.m.

<u>ITEM V</u>

COMMITTEE REPORTS

Executive Committee

Critique of the November 21, 2017 Parent Advisory Committee meeting.

GOOD!!!

Thank you, Ms. Denise Lee, for sharing reimbursement policies and procedures, budget planning, and fiscal report.

Thank you managers and staff for introductions.

Thank you, Ms. Allison Noren, for personnel overview.

Thank you, Ms. Nancy Hogan, for shared information regarding Conflict of Interest.

Thank you, Ms. Belinda Malone, for community Resources.

Congratulations to newly seated board members.

Congratulations to the newly elected SETA-operated representatives to the Policy Council.

Thank you, Ms. Terri McMillin for a well-facilitated meeting.

NEEDS IMPROVEMENT

Please remember to use point of privilege and be recognized by the Chair.

ATTENDANCE. Please make every effort to attend board meetings and committee meetings.

If you will be late or will not attend the PAC board meetings, please call or e-mail Terri McMillin, Chair, Marie Desha, or Nancy Hogan.

REMINDERS

Please be on time and be seated by 8:50 a.m.

** Please turn off <u>all</u> electronic devices. Please provide (916) 263-3800 for emergencies.

No eating in the Board room.

Please remember to use point of privilege and be recognized by the Chair before leaving your seat.

Budget/Planning Committee: Ms. Terri McMillin

ITEM V-COMMITTEE REPORTS (continued) Page 2

> MAACC/Parent Ambassadors Committee: Ms. Terri McMillin

ITEM VI

OTHER REPORTS

BACKGROUND:

This agenda item provides an opportunity for other reports to be shared with PAC.

- Chair's Report Ms. Terri McMillin
 - Head Start Deputy Director's Monthly Report Ms. Denise Lee
 - ✓ Monthly Head Start Report
- Managers' Reports
 - <u>Lisa Carr</u> Family Engagement, Home Base, and ERSEA Services
 Attendance and Chronic Absence Presentation
 - <u>Robyn Caruso</u> Program Support, Quality Assurance, and EHS-CCP services
 - <u>Martha Cisneros</u> Health, Nutrition and Safe Environments Services
 - <u>Karen Griffith</u> School Readiness, Special Education and Mental Health Services

NOTES:

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SPECIAL EDUCATION REPORT Sacramento County Head Start/Early Head Start

November 2017

The Special Education Report shows the percentage of enrolled preschool aged children with a diagnosed disability receiving services through an Individualized Education Plan (IEP). For Early Head Start, the Special Education Report shows the number of children ages 0-3 who are receiving early intervention services through an Individualized Family Services Plan (IFSP).

Head Start Program Performance Standards Reference: 1305.6 (c) states that at least 10% of the total number of enrollment in each grantee and delegate agency must be made available to children with disabilities.

| Agency | AFE (HS) | Total IEPs | % of AFE | AFE (EHS) | Total IFSPs | % AFE |
|-----------------|----------|------------|----------|-----------|-------------|-------|
| SETA operated | 1988 | 200 | 10% | 377 | 91 | 24% |
| Twin Rivers USD | 233 | 19 | 8% | 16 | 0 | 0% |
| Elk Grove USD | 440 | 31 | 7% | | | |
| Sac City USD | 1211 | 89 | 7% | 144 | 23 | 16% |
| San Juan USD | 668 | 82 | 12% | 160 | 10 | 6% |
| wcic | 120 | 8 | 7% | | | |
| EHS CCP | | | | 80 | 5 | 6% |
| COUNTY TOTAL | 4660 | 429 | 9% | 777 | 129 | 17% |

AFE: Annual Funded Enrollment



SETA Head Start Food Service Operations Monthly Report *November 2017

November 3rd - Minimum Day Calendar D classes - Calendars A, B, C & E closed.

November 10th - Holiday Veteran's Day.

November 20th to 22nd - Calendar B & D classes open - Calendars A, C & E closed.

November 21st - Crossroads Kitchen equipment moved or disposed of by Commercial Appliance.

November 23rd & 24th - Thanksgiving Holiday.

November 28th - Auberry Park B Class closed due to a plumbing issue.

Meetings & Trainings:

CPR Training attended by Cook/Drivers Mario & Melissa on November 3rd at Plaza Del Paso.

| Total Number of | f Meals and S | nacks Prepare | d for All Kitch | ens: |
|-------------------|---------------|---------------|-----------------|-------------|
| | Lunch | PM Snack | Breakfast | Field Trips |
| | 31,060 | 17,250 | 20,790 | 160 |
| | | , | , | |
| Total Amount of | Meals and Sr | acks Prepare | d | 69,260 |
| Purchases: | | | | |
| Food | \$69,172.33 | } | | |
| Non - Food | \$8,460.55 | 5 | | |
| | | | | |
| Building Mainter | nance and Re | pair: | \$1,980.59 |) |
| | | | | |
| Janitorial & Rest | troom Supplie | es: | \$0.00 |) |
| | | | | |
| Kitchen Small W | ares and Equ | ipment: | \$1,590.51 | l |
| | | | | |
| Vehicle Mainten | ance and Rep | bair : | \$842.40 |) |
| | | | | |
| Vehicle Gas / Fu | el: | | \$1,035.69 |) |
| Noi | rmal Delivery | Days | 19 | |

SETA Head Start/Early Head Start

Monthly Program Enrollment Report for School Year 2017 to 2018

| Part Day Classes | | | | | | | |
|-------------------|----------------------|---------------|-----|----------|-----------------|------|--|
| | | | | | Present/Excused | | |
| Center Name | Funded Enrollment | Total Days | ADA | % ADA | ADA | %ADA | |
| Elkhorn | 80 | 15 | 58 | 73% | 75 | 94% | |
| Bannon Creek | 80 | 15 | 60 | 75% | 72 | 90% | |
| Hopkins Park | 80 | 15 | 65 | 81% | 75 | 94% | |
| Auberry Park | 40 | 17 | 27 | 68% | 38 | 95% | |
| Norma Johnson | 40 | 15 | 29 | 73% | 36 | 90% | |
| Walnut Grove | 40 | 15 | 31 | 78% | 37 | 93% | |
| Fruitridge | 80 | 15 | 66 | 83% | 78 | 98% | |
| Illa Collin | 20 | 17 | 13 | 65% | 20 | 100% | |
| Bright Beginnings | 40 | 17 | 31 | 78% | 39 | 98% | |
| Crossroad Gardens | 40 | 15 | 26 | 65% | 35 | 88% | |
| Grizzly Hollow | 40 | 17 | 32 | 80% | 40 | 100% | |
| Nedra Court | 40 | 17 | 32 | 80% | 39 | 98% | |
| Phoenix Park | 40 | 15 | 27 | 68% | 35 | 88% | |
| Solid Foundation | 80 | 15 | 54 | 68% | 65 | 81% | |
| Strizek Park | 40 | 15 | 32 | 80% | 37 | 93% | |
| Freedom Park | 80 | 15 | 54 | 68% | 67 | 84% | |
| Kennedy Estates | 40 | 17 | 25 | 63% | 33 | 83% | |
| North Avenue | 40 | 15 | 33 | 83% | 37 | 93% | |
| Mather | 80 | 15 | 49 | 61% | 67 | 84% | |
| Northview | 80 | 15 | 61 | 76% | 74 | 93% | |
| Hillsdale | 80 | 15 | 65 | 81% | 78 | 98% | |
| Galt | 120 | 15 | 96 | 80% | 115 | 96% | |

Period: November 2017

SETA Head Start/Early Head Start

Monthly Program Enrollment Report for School Year 2017 to 2018

| Full Day Classes | | | | | | | | | | |
|-------------------|----------------------|---------------|--------|-------------------------|-----|------|--|--|--|--|
| | | | Preser | ent Only Present/Excuse | | | | | | |
| Center Name | Funded Enrollment | Total Days | ADA | % ADA | ADA | %ADA | | | | |
| Marina Vista ELC | 64 | 15 | 51 | 80% | 59 | 92% | | | | |
| Phoenix Park | 22 | 19 | 17 | 77% | 22 | 100% | | | | |
| Hillsdale | 44 | 15 | 36 | 82% | 39 | 89% | | | | |
| Crossroad Gardens | 44 | 19 | 33 | 75% | 39 | 89% | | | | |
| Elkhorn | 22 | 15 | 16 | 73% | 18 | 82% | | | | |
| Northview | 22 | 15 | 18 | 82% | 21 | 95% | | | | |
| Sharon Neese | 44 | 19 | 32 | 73% | 40 | 91% | | | | |
| North Avenue | 20 | 15 | 15 | 75% | 18 | 90% | | | | |
| Parker | 13 | 17 | 13 | 100% | 17 | 131% | | | | |
| Alder Grove ELC | 20 | 17 | 14 | 70% | 17 | 85% | | | | |
| Job Corp | 22 | 15 | 18 | 82% | 20 | 91% | | | | |
| Mather | 22 | 19 | 16 | 73% | 20 | 91% | | | | |
| Norma Johnson | 22 | 19 | 15 | 68% | 19 | 86% | | | | |
| La Verne Sterwart | 20 | 15 | 15 | 75% | 18 | 90% | | | | |
| Freedom Park | 44 | 15 | 32 | 73% | 38 | 86% | | | | |

Period: November 2017

SETA Head Start/Early Head Start

Monthly Program Enrollment Report for School Year 2017 to 2018

| Early Head Start Classes | | | | | | | | | | |
|-----------------------------------|----------------------|---------------|--------|----------|-----------------|------|--|--|--|--|
| | | | Preser | nt Only | Present/Excused | | | | | |
| Center Name | Funded Enrollment | Total Days | ADA | % ADA | ADA | %ADA | | | | |
| Sharon Neese | 16 | 19 | 12 | 75% | 15 | 94% | | | | |
| Crossroad Gardens | 8 | 19 | 6 | 75% | 8 | 100% | | | | |
| Grizzly Hollow | 8 | 15 | 6 | 75% | 8 | 100% | | | | |
| Norma Johnson | 8 | 19 | 6 | 75% | 8 | 100% | | | | |
| North Avenue | 8 | 15 | 6 | 75% | 7 | 88% | | | | |
| Phoenix Park | 8 | 19 | 5 | 63% | 8 | 100% | | | | |
| Elkhorn | 16 | 19 | 12 | 75% | 16 | 100% | | | | |
| Job Corp | 24 | 16 | 16 | 67% | 20 | 83% | | | | |
| Marina Vista ELC | 8 | 19 | 5 | 63% | 7 | 88% | | | | |
| Mather | 14 | 19 | 10 | 71% | 11 | 79% | | | | |
| Alder Grove Infant/Toddler Center | 16 | 19 | 10 | 63% | 13 | 81% | | | | |
| Northview | 8 | 19 | 6 | 75% | 8 | 100% | | | | |

Period: November 2017

| ad Start/Eai | rly Head St | art Enroll | ment Rep | ort | |
|---------------|---|--|--|---|---|
| nent as of th | ie last servi | ce day of t | he month |) | |
| ast Service I | Day of Mon | th: 11/30/2 | 2017 | | |
| Loc Id | # Enrolled | # Present | # Absent | # Term W/I 30 | Tota |
| 1247S | 18 | 15 | 3 | 0 | 18 |
| 1238A | 20 | 16 | 4 | 1 | 21 |
| 1238B | 20 | 17 | 3 | 0 | 20 |
| 1200A | 17 | 13 | 4 | 2 | 19 |
| 1200B | 20 | 17 | 3 | 0 | 20 |
| 1200C | 17 | 15 | 2 | 2 | 19 |
| 1200D | 20 | 15 | 5 | 0 | 20 |
| 1201V | 20 | 15 | 5 | 0 | 20 |
| 1201W | 20 | 16 | 4 | 1 | 21 |
| 1242A | 18 | 15 | 3 | 2 | 20 |
| 1242B | 17 | 15 | 2 | 4 | 21 |
| 1242R | 21 | 20 | 1 | 0 | 21 |
| 1242X | 20 | 19 | 1 | 1 | 21 |
| 1255A | 18 | 15 | 3 | 2 | 20 |
| 1255B | 20 | 12 | 8 | 1 | 21 |
| 1255C | 18 | 14 | 4 | 1 | 19 |
| 1255D | 19 | 11 | 8 | 0 | 19 |
| 1255X | 19 | 18 | 1 | 1 | 20 |
| 1239A | 16 | 14 | 2 | 3 | 19 |
| 1239B | 18 | 15 | 3 | 0 | 18 |
| 1239C | 17 | 16 | 1 | 2 | 19 |
| 1239D | 19 | 16 | 3 | 0 | 19 |
| 1239R | 17 | 14 | 3 | 1 | 18 |
| 1239X | 22 | 19 | 3 | 0 | 22 |
| 1216A | 20 | 14 | 6 | 0 | 20 |
| 1216B | 20 | 18 | 2 | 1 | 21 |
| 1216C | 20 | 16 | 4 | 1 | 21 |
| 1216D | 20 | 18 | 2 | 0 | 20 |
| 1234A | 20 | 16 | 4 | 0 | 20 |
| 1234B | 20 | 19 | 1 | 0 | 20 |
| | 20 | | 3 | 0 | 20 |
| | | | | | 20 |
| | | | | | 18 |
| | |] | | | 20 |
| | nent as of the ast Service I Loc Id 1247S 1238A 1238B 1238B 1200A 1200B 1200C 1200D 1242B 1255D 1255D 1239D 1239D 1239D 1239D 1239D 1239D 1216D 1216D 1234B 1234D 1234D 1234D | nent as of the last servi ast Service Day of Mon Loc Id # Enrolled 1247S 18 1238A 20 1238B 20 1200A 17 1200B 20 1200C 17 1200D 20 1200D 20 1200D 20 1200D 20 1200D 20 1200D 20 1201W 20 1242B 17 1242R 21 1255D 19 1255D 19 1239A 16 1239B 18 1239C 17 1239D 19 1239A 16 1216A 20 | nent as of the last service day of the last day day of | nent as of the last service day of the month ast Service Day of Month: 11/30/2017 Loc Id # Enrolled # Present # Absent 1247S 18 15 3 1238A 20 16 4 1238B 20 17 3 1200A 17 13 4 1200B 20 17 3 1200C 17 15 2 1200D 20 15 5 1201V 20 16 4 1242A 18 15 3 1242B 17 15 2 1242R 12 20 1 1242R 12 20 1 1242B 17 15 2 1242B 17 15 3 1242B 17 15 2 1242B 17 15 3 1255B 20 12 8 1255D 19 18 1 | Loc Id # Enrolled # Present # Absent # Term W/I 30 1247S 18 15 3 0 1238A 20 16 4 1 1238B 20 17 3 0 1200A 17 13 4 2 1200B 20 17 3 0 1200C 17 15 2 2 1200D 20 15 5 0 1201V 20 15 5 0 1201V 20 16 4 1 12120W 20 16 4 1 1242A 18 15 3 2 1242R 21 20 1 0 1242X 20 19 1 1 1255B 20 12 8 1 1255D 19 18 1 1 1239A 16 14 2 |

| Grizzly Hollow | 1252A | 20 | 19 | 1 | 0 | 20 |
|-------------------|---------|----|----|---|---|------|
| Grizzly Hollow | · 1252B | 20 | 13 | 7 | 0 | 20 |
| Hillsdale | 1228A | 20 | 15 | 5 | 1 | 21 |
| Hillsdale | 1228B | 20 | 16 | 4 | 1 | . 21 |
| Hillsdale | 1228C | 20 | 16 | 4 | 0 | 20 |
| Hillsdale | 1228D | 20 | 19 | 1 | 0 | 20 |
| Hillsdale | 1228R | 20 | 15 | 5 | 1 | 21 |
| Hillsdale | 1228X | 20 | 18 | 2 | 0 | 20 |
| Hopkins Park | 1253A | 19 | 16 | 3 | 0 | 19 |
| Hopkins Park | 1253B | 18 | 15 | 3 | 1 | 19 |
| Hopkins Park | 1253C | 20 | 20 | 0 | 0 | 20 |
| Hopkins Park | 1253D | 20 | 16 | 4 | 0 | 20 |
| Illa Collin | 1221V | 20 | 14 | 6 | 0 | 20 |
| Job Corp | 1237X | 22 | 18 | 4 | 1 | 23 |
| Kennedy Estates | 1240A | 17 | 14 | 3 | 2 | 19 |
| Kennedy Estates | 1240B | 16 | 16 | 0 | 0 | 16 |
| La Verne Sterwart | 1219S | 19 | 16 | 3 | 0 | 19 |
| Marina Vista ELC | 1246R | 19 | 16 | 3 | 1 | 20 |
| Marina Vista ELC | 1246S | 20 | 18 | 2 | 0 | 20 |
| Marina Vista ELC | 1246X | 21 | 18 | 3 | 1 | 22 |
| Mather | 1223A | 19 | 14 | 5 | 0 | 19 |
| Mather | 1223B | 17 | 14 | 3 | 4 | 21 |
| Mather | 1223C | 20 | 13 | 7 | 1 | 21 |
| Mather | 1223D | 15 | 11 | 4 | 1 | 16 |
| Mather | 1223X | 20 | 17 | 3 | 1 | 21 |
| Nedra Court | 1244V | 20 | 16 | 4 | 0 | 20 |
| Nedra Court | 1244W | 20 | 17 | 3 | 0 | 20 |
| Norma Johnson | 1214A | 18 | 16 | 2 | 1 | 19 |
| Norma Johnson | 1214B | 20 | 19 | 1 | 2 | 22 |
| Norma Johnson | 1214X | 19 | 17 | 2 | 0 | 19 |
| North Avenue | 1256A | 19 | 18 | 1 | 2 | 21 |
| North Avenue | 1256B | 20 | 16 | 4 | 0 | 20 |
| North Avenue | 1256X | 20 | 13 | 7 | 0 | 20 |
| Northview | 1224A | 20 | 13 | 7 | 0 | 20 |
| Northview | 1224B | 20 | 19 | 1 | 0 | 20 |
| Northview | 1224C | 17 | 16 | 1 | 4 | 21 |
| Northview | 1224D | 18 | 13 | 5 | 2 | 20 |
| Northview | 1224X | 22 | 20 | 2 | 0 | 22 |

| Parker | 1207S | 18 | 13 | 5 | 1 | 19 |
|-----------------------------------|-------|------|------|-----|----|------|
| Phoenix Park | 1248A | 18 | 13 | 5 | 2 | 20 |
| Phoenix Park | 1248B | 16 | 14 | 2 | 1 | 17 |
| Phoenix Park | 1248X | 22 | 19 | 3 | 0 | 22 |
| Sharon Neese | 1249R | 20 | 17 | 3 | 1 | 21 |
| Sharon Neese | 1249X | 20 | 18 | 2 | 0 | 20 |
| Solid Foundation | 1254A | 17 | 9 | 8 | 0 | 17 |
| Solid Foundation | 1254B | 20 | 7 | 13 | 0 | 20 |
| Solid Foundation | 1254C | 20 | 4 | 16 | 0 | 20 |
| Solid Foundation | 1254D | 14 | 5 | 9 | 1 | 15 |
| Strizek Park | 1225A | 20 | 19 | 1 | 0 | 20 |
| Strizek Park | 1225B | 19 | 10 | 9 | 2 | 21 |
| Walnut Grove | 1235V | 19 | 15 | 4 | 1 | 20 |
| Walnut Grove | 1235W | 19 | 15 | 4 | 1 | 20 |
| Alder Grove Infant/Toddler Center | 1212M | 8 | 8 | 0 | 0 | 8 |
| Alder Grove Infant/Toddler Center | 1212U | 7 | 6 | 1 | 2 | 9 |
| Crossroad Gardens | 1242U | 7 | 7 | 0 | 1 | 8 |
| Elkhorn | 1255M | 8 | 6 | 2 | 0 | 8 |
| Elkhorn | 1255U | 8 | 7 | 1 | 0 | 8 |
| Grizzly Hollow | 1252P | 8 | 6 | 2 | 0 | 8 |
| Job Corp | 12370 | 5 | 3 | 2 | 2 | 7 |
| Job Corp | 1237P | 8 | 6 | 2 | 0 | 8 |
| Job Corp | 1237Q | 8 | 6 | 2 | 0 | 8 |
| Marina Vista ELC | 1246U | 8 | 6 | 2 | 2 | 10 |
| Mather | 1223M | 6 | 6 | 0 | 0 | 6 |
| Mather | 1223U | 5 | 4 | 1 | 2 | 7 |
| Norma Johnson | 1214U | 8 | 5 | 3 | 0 | 8 |
| North Avenue | 1256P | 8 | 8 | 0 | 1 | 9 |
| Northview | 1224U | 8 | 7 | 1 | 1 | 9 |
| Phoenix Park | 1248U | 8 | 7 | 1 | 1 | 9 |
| Sharon Neese | 1249M | 8 | 7 | 1 | 0 | 8 |
| Sharon Neese | 1249U | 8 | 7 | 1 | 0 | 8 |
| TOTALS for Head Start | | 1777 | 1434 | 343 | 78 | 1855 |
| HS Totals | 1643 | | | | | |
| Drops w/in 30 | 66 | | | | | |
| P/S Home Base | 121 | | | | | |
| Total | 1830 | | | | | |

| GRAND TOTAL | 2251 | |
|---------------|------|--|
| Total | 421 | |
| SCOE | 69 | |
| EHS Home Base | 146 | |
| River Oaks | 60 | |
| Drops w/in 30 | 12 | |
| EHS Totals | 134 | |

Monthly Program Information Report

Summary of SETA's Health and Safety Review

During the months of October and November, SETA, its delegate agencies and partners underwent a thorough health and safety review as part of the annual self-assessment process. Reviewers visited all 30 of the SETA operated centers and assessed more than 75 physical classrooms in the areas of: Air Quality and Overall Sanitation, Emergency Alert Systems and Fire Safety, General Safety and Wellness, Evacuation Routes and Emergency Preparedness, Life Safety Code and Occupancy Requirements, Safety and Cleanliness of Indoor and Outdoor Spaces, Handwashing, Diapering, Spilled Bodily Fluids, Medication Management, Appropriate Release, Supervision and Positive Guidance, Group Ratios and Safe Outdoors Areas. A summary of the results and corrective action is as follows:

Strengths:

- The computerized attendance system for parent sign-in/out is innovative and efficient.
- EHS Infant and Toddler Daily Information Exchange form has a built in daily health check.
- Special Diet Alert form has a photo of each child to clearly identify children with food allergies/restrictions; this also helps substitute teachers to recognize children easier.
- Disaster Preparedness Plan Quick Reference Guide is useful for staff in emergency situations.
- Good teacher-child interactions with exceptional supervision; teachers performing regular head counts throughout the day, zoning in the yards, using white boards and a transition log.
 - A customized Classroom/Playground Safety Plan is completed by the teachers and posted in some of the classrooms.

Great implementation of Family Style Meal Service with staff and children eating together and children serving themselves.

SETA HEAD START/ EARLY HEAD START

DECEMBER 2017

The Federal Review Is Coming To Town

SETA has received official notification that its federal review will take place the week of February 5th (February 5th through February 9th) for a Focus Area 2 review. The CLASS review will be scheduled at a later date. Notification of the CLASS review will be provided 60 days in advance of the review date.

The review will consist of staff, parent and board interviews, classroom explorations, data tours, file reviews, and facilities reviews.

SETA maintains a review-ready program however, over the next month, program managers and supervisors will be working with staff and parents in final preparation of the review.

Details will be forthcoming as the Deputy Director connects with the Review Leader in the coming weeks.

Safety Reviews (continued from page 1)

Areas of Improvement and Corrective Action (CA):

 Develop a system for sanitizing and disinfecting classroom supplies, materials and equipment

CA: Written plan developed; new products purchased; use schedule created; and training materials developed. Staff training and roll out will began on December 8th

 Adult CPR and choking posters should include instructions for children

CA: Child CPR posters have been purchased and posted at each center

• Fire extinguishers should have safety straps to avoid possible injury to children/staff

CA: Wall mounts with straps have been purchased and are scheduled for installation by December 20th

 The use of push pins in classrooms is prohibited (choking hazard)

CA: Staff have been instructed to remove push pins. Supervisors reviewing each classroom to confirm. Emergency Disaster Plans should be updated with staff names and backpacks should contain the same items in each classroom

CA: Plans updated. New disaster backpacks have been purchased and will be distributed with new contents on December 18th

 Hand-washing procedures need improvement. Often children are not scrubbing with soap prior to rinsing

CA: New activities have been developed to encourage children to scrub prior to rinsing (ex. applying soap at circle time and scrubbing while they walk to sink to rinse)

 Health Care Plan form should be updated to include documentation that individual teachers were trained by health staff

CA: Training documentation was kept at the admin office. A new section was added to the care plan to show staff received train Strengthen medication procedures and monitoring for children who left the program and/or did not have a care plan on file

CA: Procedures have been updated to include cross checks and monthly monitoring to ensure all medications are in compliance. Staff visited each center to remove any unnecessary medications.

 Play yard maintenance needs improvement prior to children going outdoors

CA: Schedules have been developed to ensure play yards are maintained prior to children going outside. Schedules are initialed by staff indicating the maintenance routine has been completed

 Some outlets are uncovered in classrooms and hallways

CA: New self-closing outlet plates have been purchased and installed in each classroom.

Office of Head Start Updates

The Office of Planning, Research and Evaluation (OPRE) in the Administration for Children and Families (ACF) is proposing an information collection activity for the Culture of Continuous Learning Project. The goal of the project is to assess the feasibility of implementing continuous quality improvement methods in early care and education programs to support the use and sustainability of evidencebased practices. A Breakthrough Series Collaborative (BSC), a specific model designed to support learning and improvement among practitioners at all levels of an organization, will be implemented in Head Start and child care settings. The findings will be of broad interest to child care early education programs as well as training and technical assistance providers and researchers

Head Start wishes you and yours a very happy holiday season and a happy new year.

Dec. 19, 2017

Cold Weather Safety

(Published by the Office of Head Start)

Children are more vulnerable than adults to the effects of cold weather.

Bundle Up!

- Children are at greater risk for frostbite than adults. The best way to prevent frostbite is to make sure children dress warmly and don't spend too much time outside in extreme weather.
- Dress children in layers of warm clothing. If the top layer gets wet, they will still have a dry layer underneath.
- Tuck scarves inside coats and jackets to prevent them from becoming strangulation hazards.
- Car seats and winter coats don't mix. Bulky coats can compress in a crash and create a loose car seat harness. Instead, lay the jacket or a blanket over children once you've safely strapped them into their car seat.

Keeping Healthy Outdoors

- There's no set amount of time for children to play outside safely when the weather is cold. Use your best judgment. When the cold becomes unpleasant, it's time to go inside.
- If you are unsure if weather conditions are safe for outdoor play, check the Child Care Weather Watch Chart (attached).
- Even though it's cold outside, it's important to use sunscreen and stay hydrated. Children are more likely than adults to become dehydrated.

Staying Safe Indoors and in Vehicles

- Keep anything that can burn at least three feet away from heating equipment, including furnaces, fireplaces, wood stoves, and portable space heaters.
- Set up a three-foot "kid-free zone" around open fires and space heaters.
- Remember to turn portable heaters off when leaving the room.
- Test smoke alarms at least once a month.
- Vent all fuel-burning equipment to the outside to avoid carbon monoxide (CO) poisoning.
- Install and maintain CO alarms. Keep alarms at least 15 feet away from fuel-burning appliances.
- If you need to warm up your vehicle, remove it from the garage as soon as you start it to avoid the risk of CO poisoning. Don't leave a vehicle running inside a garage.

PAC

Understand the Weather



- 30° is *chilly* and generally uncomfortable
- 15°to 30° is *cold*

Wind-Chill

- 0° to 15° is *very cold*
- -20° to 0° is *bitter cold* with significant risk of *frostbite*
- -20° to -60° is *extreme cold* and *frostbite* is likely
- -60° is *frigid* and exposed *skin will freeze* in 1 minute

Heat Index



- 80° or below is considered *comfortable*
- 90° beginning to feel *uncomfortable*
- 100° *uncomfortable* and may be *hazardous*
- 110° considered *dangerous*

All temperatures are in degrees Fahrenheit

Child Care Weather Watch

| | Wind-Chill Factor Chart (in Fahrenheit) | | | | | | | | | | | |
|-------------|---|------|-----|-----|-----|-----|-----|-----|-----|-----|--|--|
| | Wind Speed in mph | | | | | | | | | | | |
| đ | | Calm | 5 | 10 | 15 | 20 | 25 | 30 | 35 | 40 | | |
| Temperature | 40 | 40 | 36 | 34 | 32 | 30 | 29 | 28 | 28 | 27 | | |
| era | 30 | 30 | 25 | 21 | 19 | 17 | 16 | 15 | 14 | 13 | | |
| np. | 20 | 20 | 13 | 9 | 6 | 4 | 3 | 1 | 0 | -1 | | |
| Ter | 10 | 10 | 1 | -4 | -7 | -9 | -11 | -12 | -14 | -15 | | |
| Air ' | 0 | 0 | -11 | -16 | -19 | -22 | -24 | -26 | -27 | -29 | | |
| - F | -10 | -10 | -22 | -28 | -32 | -35 | -37 | -39 | -41 | -43 | | |

Comfortable for out door play

Caution

Danger

| | Heat Index Chart (in Fahrenheit %) | | | | | | | | | | | | | |
|-----------------|------------------------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| | Relative Humidity (Percent) | | | | | | | | | | | | | |
| (F) | | 40 | 45 | 50 | 55 | 60 | 65 | 70 | 75 | 80 | 85 | 90 | 95 | 100 |
| | 80 | 80 | 80 | 81 | 81 | 82 | 82 | 83 | 84 | 84 | 85 | 86 | 86 | 87 |
| atu | 84 | 83 | 84 | 85 | 86 | 88 | 89 | 90 | 92 | 94 | 96 | 98 | 100 | 103 |
| per | 90 | 91 | 93 | 95 | 97 | 100 | 103 | 105 | 109 | 113 | 117 | 122 | 127 | 132 |
| em | 94 | 97 | 100 | 103 | 106 | 110 | 114 | 119 | 124 | 129 | 135 | | | |
| Air Temperature | 100 | 109 | 114 | 118 | 124 | 129 | 130 | | | | | | | |
| A | 104 | 119 | 124 | 131 | 137 | | | | | | | | | |

Child Care Weather Watch

Watching the weather is part of a child care provider's job. Planning for playtime, field trips, or weather safety is part of the daily routine. The changes in weather require the child care provider to monitor the health and safety of children. What clothing, beverages, and protections are appropriate? **Clothe** children to maintain a comfortable body temperature (warmer months - lightweight cotton, colder months - wear layers of clothing). **Beverages** help the body maintain a comfortable temperature. Water or fruit juices are best. Avoid high-sugar content beverages and soda pop. **Sunscreen** may be used year around. Use a sunscreen labeled as SPF-15 or higher. Read and follow all label instructions for the sunscreen product. Look for sunscreen with UVB and UVA ray protection. **Shaded** play areas protect children from the sun.



Condition **GREEN** - Children may play outdoors and be comfortable. Watch for signs of children becoming uncomfortable while playing. Use precautions regarding clothing, sunscreen, and beverages for all child age groups.

INFANTS AND TODDLERS are unable to tell the child care provider if they are too hot or cold. Children become fussy when uncomfortable. Infants/toddlers will tolerate shorter periods of outdoor play. Dress infants/toddlers in lightweight cotton or cotton-like fabrics during the warmer months. In cooler or cold months dress infants in layers to keep them warm. Protect infants from the sun by limiting the amount of time outdoors and playing in shaded areas. Give beverages when playing outdoors.

YOUNG CHILDREN remind children to stop playing, drink a beverage, and apply more sunscreen. OLDER CHILDREN need a firm approach to wearing proper clothing for the weather (they may want to play without coats, hats or mittens). They may resist applying sunscreen and drinking beverages while outdoors.

Condition YELLOW - use caution and closely observe the children for signs of being too hot or cold while outdoors. Clothing, sunscreen, and beverages are important. Shorten the length of outdoor time.

INFANTS AND TODDLERS use precautions outlined in Condition Green. Clothing, sunscreen, and beverages are important. Shorten the length of time for outdoor play.

YOUNG CHILDREN may insist they are not too hot or cold because they are enjoying playtime. Child care providers need to structure the length of time for outdoor play for the young child.

OLDER CHILDREN need a firm approach to wearing proper clothing for the weather (they may want to play without coats, hats or mittens), applying sunscreen and drinking liquids while playing outdoors.

Condition **RED** - most children should not play outdoors due to the health risk. INFANTS/TODDLERS should play indoors and have ample space for large motor play. YOUNG CHILDREN may ask to play outside and do not understand the potential danger of weather conditions.

OLDER CHILDREN may play outdoors for very short periods of time if they are properly dressed, have plenty of fluids. Child care providers must be vigilant about maximum protection of children.

Understand the Weather

The weather forecast may be confusing unless you know the meaning of the words.

Blizzard Warning: There will be snow and strong winds that produce a blinding snow, deep drifts, and life threatening wind chills. Seek shelter immediately.

Heat Index Warning: How hot it feels to the body when the air temperature (in Fahrenheit) and relative humidity are combined.

Relative Humidity: The percent of moisture in the air.

Temperature: The temperature of the air in degrees Fahrenheit.

Wind: The speed of the wind in miles per hour.

Wind Chill Warning: There will be sub-zero temperatures with moderate to strong winds expected which may cause hypothermia and great danger to people, pets and livestock.

Winter Weather Advisory: Weather conditions may cause significant inconveniences and may be hazardous. If caution is exercised, these situations should not become life threatening.

Winter Storm Warning: Severe winter conditions have begun in your area.

Winter Storm Watch: Severe winter conditions, like heavy snow and ice are possible within the next day or two.

ITEM VII – CENTER UPDATES

BACKGROUND:

This agenda item allows Parent Advisory Committee Representatives the opportunity to discuss events going on at their center.

NOTES:

ITEM VIII - DISCUSSION

BACKGROUND:

This agenda item allows Parent Advisory Committee Representatives the opportunity to discuss items not on the agenda.

NOTES:

ITEM IX – PUBLIC PARTICIPATION

BACKGROUND:

Participation of the general public at the SETA-Operated Program Parent Advisory Committee meeting is encouraged. Members of the audience are asked to address their request to the Chair if they wish to speak.

NOTES: